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Opposition house leader
Nathan Cooper

Metro looks at opening day at the legislature, plus:

- Locked doors forced open
- Payday loans concerns
- An apology

Full coverage, pages 3 & 7



Police boost front lines

REORGANIZATION

48 officers will be redeployed to busier districts



Lucie Edwardson
Metro | Calgary

Some Calgary police districts will have more boots on the front lines after the force decided to redeploy officers from underutilized stations and units.

A total of 48 positions will be moved to the frontline effective May 2016, with District 2 and 3 receiving 20 each, and four each in Districts 4 and 5.

Police say this will make a significant impact toward meeting public expectations and addressing concerns over workload.

"I think this is part and parcel of what the executive and the service is hearing loud and clear from the frontline," said CPS spokesman Kevin Brookwell. "Frontline officers

are feeling the pressures of high call volumes with the increase in population and an upswing in violence, that they need more help on the front lines."

Brookwell said given difficult economic times tough decisions were made, and subsequently two community stations — the Brae Centre and Riverbend Community Stations in District 6 — will be shut down. The four officers who man the two stations are part of the 48 being reallocated.

Calgary Police Association (CPA) vice-president Mike Lomore said the CPA is happy to see these reallocations happening.

"Overall this is just a positive thing," he said. "We're hoping this will be an improvement to allowing officers to fully investigate everything that they're involved in and give them the time necessary to do their best job."

Brookwell said this is likely just the beginning of reallocations for the service.

"I'd like to say this is the first go at this," he said.

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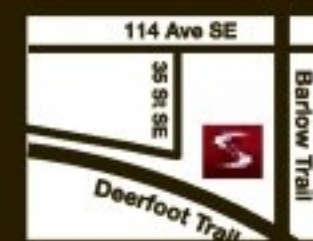


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Project keeps pickers busy and bottles out of landfill

COMMUNITY

Pick'd offers pickup service for refundable recyclables



Helen Pike
Metro | Calgary

You can't choose who sifts through your alley to pick bottles — but a new Calgary initiative is hoping to bring a change of heart to the downtown core and have residents support the ecological practice.

Calgary Can, a group of Calgarians liaising with the picking community, is piloting a program they've dubbed: Pick'd. The program, launched in March, connects pickers with people in the core looking to have their refundables recycled. The service is a next-day pickup program.

"We're trying to help bottle pickers and informal recyclers collect more recyclables faster, safer and in a more friendly and socially accepted way," said Calgary Can founder Kate Letizia. "It's all about providing more legitimized access for the bottle picking community to customers through the downtown core who require refundables pickup."

Randy Pages hasn't been homeless for about a year now,



"I think this project will change the minds of people."
Randy Pages

The aim of the program is to make bottle picking safer and more acceptable in the community. HELEN PIKE/METRO

but he still picks to supplement his income. He's one of the advisory board members for the Pick'd program and has been spreading the word about what he thinks will be a successful endeavour.

"With a lot of the negative publicity around it...I think this project will change the minds of people," Pages said.

Pages said picking can be pretty dangerous, especially when it comes to sifting through dumpsters and bins — you're never sure if there's a toxic substance or needles in the mix. Although it's never happened to him personally, he said many have stories of angry homeowners telling pickers to stop making a mess, even chas-

ing them away from bins.

"The dangers are real," Pages said.

There's also an environmental angle both Letizia and Pages highlight. Pickers do Calgary a service in keeping refundables from the landfill and off the streets. Letizia chimed in, adding they're also hoping to build relationships between pickers

and the community.

Currently there are three designated pickers, Pages being one and Letizia said they've had two successful pickups and 10 more scheduled so far.

Calgary Can is hoping to grow the program, but right now it's confined to the downtown areas, because pickers are on foot. To sign up visit: calgarycan.ca

EMPLOYMENT

Job bill empty: Critics



Jeremy Simes
For Metro | Calgary

Bill 1 is skin and bones, according to Amber Ruddy, the Alberta director for the Canadian Federation Of Independent Business (CFIB).

The bill — entitled the Promoting Job Creation and Diversification Act — passed first reading Tuesday. Within it, the government lets the minister responsible for economic development regulate programs.

But in terms of Bill 1's actual job creation details, there's nothing there, says Mount Royal University political science professor Duane Bratt.

"I don't see any value in this," he said. "They're talking about establishing programs and establishing regulations, but they already have that. I think the only need is symbolic value in calling it Bill 1."

Ruddy said the small business community wants details, noting the government's job creation grant hit a snag — the government won't confirm it's moving forward as planned.

"This bill is a skeleton of a job creation framework. We need meat on the bones and we need the government to be focused," she said.

Finance Minister Joe Ceci said job creation initiatives will be detailed in April's budget.

Economic Development and Trade Minister Deron Bilous couldn't comment by press time.

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IN BRIEF

Three men in stable condition after semi strikes Airdrie building

Three people were taken to hospital Wednesday afternoon after a semi-truck collided with a building in Airdrie.

EMS responded to the scene in the 0-100 block of East Lake Crescent just before 12:30 p.m.

On arrival, paramedics determined a semi-truck had lost control and left the lanes of southbound Queen Elizabeth II Highway, striking a business building.

It caused significant damage to the structure and ruptured a gas line.

Three men, including the truck driver, were taken to hospital, where they were found to be in stable, non-life-threatening, condition.

The RCMP is investigating the factors that led to the crash.

METRO

Townhouse blaze on Cedardale Crescent SW damages exterior

Shortly after 1 a.m. on Wednesday, following reports of a structure fire, the Calgary Fire Department responded to the 100 block of Cedardale Crescent SW.

Crews found a fire involving a significant part of the exterior of a townhouse.

The fire was quickly brought under control and caused little damage to the interior of the home.

The home's resident was alerted to the fire by a smoke alarm and safely exited with her dog before crew arrived.

Officials report no injuries and are investigating the scene.

METRO



The CalgaryNEXT project would house the Flames and Stampeders, and have a field house for amateur sports. METRO FILE PHOTO

NEXT stop, council

SPORTS AND ENTERTAINMENT

Stadium and arena project to be pondered by politicians



Lucie Edwardson
Metro | Calgary

Calgary Sports and Entertainment Corporation heads to city council next month to discuss the controversial CalgaryNEXT project, and its president Ken King expressed hope the city will give the go-ahead to move into the next phase.

CalgaryNEXT is the Calgary Sports and Entertainment Corporation's proposal for an

18,000 seat arena to house the NHL's Calgary Flames, a 30,000 seat stadium for the CFL's Calgary Stampeders and a public fieldhouse along the banks of the Bow River in the West Village.

"The city has a lot of people assigned to the case and I'm thrilled, they've been very objective," said King. "If they come back with what I hope they come back with it'll be, 'Hey, this thing has some legs, let's go to the next phase.'"

King said if the corporation is completely successful it would move toward a partnership on the project with the city.

"We're just working out the details of how to make it work," he said. "We're a long way from approval on the project."

According to King, the next



I encourage people to be open-minded.

Coun. Diane Colley-Urquhart

phase would be more research and engineering work.

Metro reported on an exclusive ThinkHQ/Metro News survey conducted through an online research panel in January. It showed with three out of four Calgarians against the current funding model. King said to change minds, communication is key.

"I think there are a lot of people who don't have enough information to make an informed opinion," he said. "The

fact is people need information to make an informed decision, so we need to communicate, we need to tell our story. It's just education, we need to get our message out and perhaps we need to do a better job of that."

Ward 13 Coun. Diane Colley-Urquhart, who has been working with the corporation on the project for the last few years, said she hopes Calgarians can be open-minded about it. She said it's a perfect opportunity for unity in the city during an economic slump.

"I've never seen a time like now when all the different groups and organizations are coming together to work more closely," she said.

"The timing is right. I encourage people to be open-minded and get the facts."

CITY HALL

Wards up for debate



Brodie Thomas
Metro | Calgary

City councillors seem willing to accept the latest ward boundaries for the 2017 election.

Council will look at yet another proposal for new ward boundaries, however, when it meets on Monday.

The city's Ward Boundary Commission presented its final suggestion to council in November, but councillors sent those suggestions back to administration for tweaking.

The main concerns were with projected growth in some of the wards.

Councillors ideally want a population of 88,000 in their wards.

Ward 12 councillor Shane Keating said he's prepared to live with the newest suggested boundaries, even though his ward will now be one of the largest in terms of population.

"My view was we never should've changed in the first place," he said.

He said Ward 12 is one of the fastest-growing. Under the Ward Boundary Commission's plans, Ward 12 would start with a population of 67,000 and grow toward the ideal number.

In the latest suggestion, Ward 12 will start with a population of 90,000.

"In a very short time, I'll be back to well over the 100,000," Keating said.

Coun. Jim Stevenson's new Ward 3 boundaries remains unchanged from the commission's suggestion. He's satisfied with them.

"My ward was split in two... which is what I've been wanting for quite some time," he said.

— WITH FILES FROM HELEN PIKE/METRO

"I remember visiting Good Earth when it first opened in 1991. It was unique as it served both amazing coffee and healthy food — I'm glad to see that some things don't change!"

— Elaine Kupser, customer since 1991.

In the summer of 1991, Elaine Kupser started her own business (IMPACT Magazine) the same time Good Earth opened its doors. Throughout the years, Good Earth has been part of Elaine's daily routine and community. It's a place where she has taken friends, family and clients over the last 25 years. And now with more locations to choose from, she won't run out of options to drink her favourite coffee or enjoy her favourite healthy foods!



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Paul Hughes says construction for the earthship began in 2014, but was quashed over safety concerns. HELEN PIKE/METRO

Earthship on terra firma a while longer

GROW CALGARY

Greenhouse has 10 weeks to follow safety procedures



Helen Pike
Metro | Calgary

It's only one in the many hurdles Grow Calgary has cleared in the hopes of keeping their earthship greenhouse structure standing.

The structure, located on Grow Calgary land near Canada Olympic Park, was built without permits in 2014 and has been causing headaches ever since. The city quickly mandated the charity add fences around the structure and eventually ordered it demolished.

Last week, the Alberta Safety Code Council appeal board decision came down and the earthship stays standing. But the fight isn't over yet.

"They're not asking us to demolish it," said Paul Hughes, executive director and director of operations of Grow Calgary.

"They're totally ready to work with us. They want us to submit the development permit and the building permit and they're willing to help us do this whole thing."

Grow Calgary has 10 weeks to work with the city on a development permit, a process that would see them make sure their structure is safe and sound for people to be in.

Marco Civitarese, chief building official and manager for Calgary Building Services said

the growing season won't be impacted by this decision.

"We certainly want Calgarians to have access to these options, especially in these times," Civitarese said. "It's all about the safety concerns of the structure, how it's being used, what it's being used for, what the occupancy is...just around that."

But before the two can get started, Grow Calgary needs clearance from the provincial government — their landlord.

"They need a letter of authorization," said Hughes. "We have been working for months."

According to Hughes it's just a matter of paperwork, which he said has been submitted to the province for about a year now.

When Metro contacted the minister of transportation about the letter of authorization, the press secretary emailed a response.

"The province supports urban gardening initiatives and Grow Calgary's efforts to provide food," read the statement from Aileen Machell, press secretary for the minister of transportation. "We are working with the City of Calgary and Grow Calgary to resolve this issue."

Machell confirmed the ministry received correspondence from Grow Calgary almost a year ago and have asked for further information.

The authorization letter is a single-page document that requires the name of a land owner, contact information and has a check box for authorizing development.

According to the city, if Grow Calgary doesn't get their paperwork done in 10 weeks the earthship will come down.

SAFETY

Pros recommend indoor sprinklers



Lucie Edwardson
Metro | Calgary

Although they aren't a part of current building codes, experts say indoor residential sprinklers are a very good life- and property-saving tool.

Four homes, each over a decade old, located in the north-west community of Kincora, were destroyed in a devastating blaze Tuesday, leading to ques-

tions about the benefits of indoor sprinkler systems.

Ed Kujat, Calgary's Chief Fire Marshal, said the process of making something like sprinklers mandatory is evolving, but said as the years go on, building codes for homes have made them safer and more fire resistant.

"Years and years ago we never had smoke alarms," he said. "Then we had one battery smoke alarm on the sleeping level of the home, and then pretty soon we had to have them on every level

of the home. Now we have to have them in the bedrooms and hardwired and interconnected in the home."

Kujat said measures including increased smoke detectors have certainly made homes safer, but said the end goal would be for homes to be better equipped to fight and resist fires.

"Eventually, the ultimate (goal) would be residential fire sprinklers," he said. "Right now it's still optional. People don't always understand that the code

is the minimum requirement, but they can go beyond that."

Marco Civitarese, chief building inspector with the City of Calgary, echoed Kujat's sentiment. "If a fire source started on the inside then a sprinkler system would snuff out that fire locally," he said. "Hopefully that would result in lives and property being saved."

Civitarese said the city has been working for the last decade on improving building codes to resist fires.



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School bus fees may jump

BUDGET

Board seeks way to close \$13.2M busing shortfall



Aaron Chatha
Metro | Calgary

The CBE is reaching out to parents for ideas to close a \$13.2-million funding gap in transportation, which may include raising bus fees.

The CBE came under fire from parents groups in September over a change to congregated bus stops, which was meant to save costs but ended up reducing the number of bus stops and increasing walk distances for students.

"That was a one-year solution," said Chief Superintendent David Stevenson.

Officials said the government provided \$34.7-million in funding this year, and about \$8-million was provided by parents through transportation fees. They say it's not enough to cover



CBE Chief Superintendent David Stevenson said the public's help is needed in determining the best way to close the funding gap in transportation. AARON CHATHA / METRO

the total annual cost, which is \$47.9-million.

Parents currently pay about \$300 per rider for transportation fees, though that could go up next year depending on how the CBE plans to close the funding gap.

Fees have actually gone down since last year, where they were

about \$330 per rider. The funding gap was lower last year, however, at an estimated \$9-million. The CBE received about \$44.3-million in funding for that year.

"It's good that the CBE is fulfilling their commitment to consult with parents, but we are looking for where this \$13-million gap came from, because this represents \$4 million more in costs that have been added from a year ago," said Lisa Davis, president of Calgary Associations of Parents and School Councils.

Joy Bowen-Eyre, president of the CBE Board of Trustees, said transportation comes out of a specific funding envelope.



We are looking for where this \$13-million gap came from.

Lisa Davis

"The gap has steadily grown every year, because the cost for transportation increases every year and we haven't had substantial increases in transportation funding over the years," she said.

The CBE will be hosting in-person engagements at a variety of schools in April. For more information visit cbe.ab.ca. Officials hope to communicate the options to parents in May.

The CBE held a public engagement survey last year, before congregated bus stops were put into place.

As Metro reported, documents indicated that despite reaching out for parental feedback, it appeared a decision had been made before receiving the results of that feedback.

Stevenson assured reporters that won't be the case with these engagements.

POLICE

Man to be charged with attempted extortion

A Sundre man is facing numerous charges after allegedly attempting to extort money from a woman in Ontario.

RCMP say they received a report in February from a woman who had been in a relationship with the man.

Police allege that during the relationship, the man had secretly video recorded intimate acts between the couple.

After they broke up, the man allegedly demanded money in exchange for privacy of the videos.

On Tuesday, Sundre RCMP executed a search at the suspect's residence. Jeffrey Lance Hughes, 56, has been charged with extortion, distributing intimate images without consent, criminal harassment, voyeurism, two counts of unsafe storage of firearms, and two counts of unauthorized possession of a firearm.

He has been released from custody and is scheduled to make his first court appearance on March 21, 2016. METRO



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LABOUR

Notley criticized for hiring of negotiator

Premier Rachel Notley is being criticized for hiring a former senior negotiator with Alberta's largest public-sector union.

Wildrose finance critic Derek Fildebrandt says hiring Kevin Davediuk will be bad news for taxpayers given the NDP's traditional ties with unions.

"The government has hired one of AUPE's chief negotiators to now negotiate for taxpayers back against AUPE," Fildebrandt said Wednesday.

"This is little better than hiring the fox to guard the hen house."

Up until Monday, Davediuk worked for the Alberta Union of Provincial Employees, which represents thousands of workers in a wide variety of government jobs.

Finance Minister Joe Ceci said Davediuk was picked because he was the best person for the job and has a distinguished ca-

reer working for unions and for employers.

"He certainly has a breadth of experience," said Ceci.

"Having the best people at the table is in the best interests of all of us, in terms of ensuring we don't pay more (than needed),"

Ceci said Davediuk will bow out of some negotiations with the AUPE: "There are parts of the negotiations that he's done in the past that he probably can't be involved with, but there's a lot of work we need to do and many union that are coming up over the next few years in particular that need to be settled," he said.

Notley's government faces difficult bargaining with all of its public sector unions, including AUPE, nurses, teachers and doctors and other specialists as government revenues plunge due to oil prices. THE CANADIAN PRESS



This is little better than hiring the fox to guard the hen house.

Name of person

LEGISLATION

Payday loans group blindsided by new bill



Tim Querengesser
Metro | Edmonton

The Canadian Payday Loans Association says it wasn't expecting the Alberta government to announce new legislation for the industry, because months of meetings suggested it would simply adjust regulations.

"What happened yesterday took us a little bit by surprise because we were expecting the government to either amend or in some way replace the existing regulations," said Tony Irwin, chair of the Toronto-based as-

sociation.

Irwin said the industry has told the government that making new regulations too strict could force some payday loan companies to close.

One of the biggest commitments in Tuesday's speech from the throne was to announce a bill to end predatory lending.

The bill will replace regulation that Alberta brought in to govern the industry in 2009, which expires at the end of June.

The law would protect vulnerable people from paying exploitative interest rates, said Service Alberta Minister Stephanie McLean.

WITH FILES FROM THE CANADIAN PRESS



Finance minister Joe Ceci, left, and Premier Rachel Notley during the throne speech Tuesday. The Wildrose Party didn't find anything to smirk about on the first day of legislature sitting. THE CANADIAN PRESS

Controversial vote opens spring sitting

GOVERNMENT

Confusion in legislature mars deputy chair decision

The first day of the Alberta legislature's spring sitting saw confusion, broken rules, a do-over and the government house leader forcing his way through a barred door to enter the chamber.

"I pushed my way in because my understanding was our members were being denied the right to vote," Brian Mason told media on Wednesday before he formally apologized to

the Speaker and the sergeant at arms. "I take responsibility for that."

Nathan Cooper, house leader for the Opposition Wildrose, said his caucus lost a vote it may otherwise have won.

"It certainly was a gong show. We'll never know if it was a vote that we won or lost," he said.

It was supposed to be a routine piece of business: a vote by members of the house to pick a new deputy chair of legislature committees.

As per tradition, Speaker Bob Wanner ordered pages to bar the doors to the chamber once voting began to prevent other MLAs from entering.

The New Democrats, with 54 members in the 87-seat legis-



The government house leader bullied himself past two pages.

Nathan Cooper

lature, had ample numbers to elect their MLA, Heather Sweet, who was running against Wildrose MLA Prasad Panda.

But Cooper said when he looked across the aisle, there were fewer NDP members in the house than expected, maybe 30 or so. It looked like the Wildrose could win.

"It was very close," said Cooper. "We were shocked and

amazed at how close it was going to be."

That was, he said, until the confusion began.

"The government house leader bullied himself past two pages and took his seat in the assembly."

When the opposition protested, Wanner ordered results of the first vote nullified without announcing a winner.

He ordered another vote, but admitted there was confusion over who came early, who came late, and who should cast a ballot.

In the second vote, 59 members cast ballots and Sweet defeated Panda. The breakdown, as per tradition, was not revealed. THE CANADIAN PRESS



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Centennial for the Centre St. Bridge

INFRASTRUCTURE

New banners commemorate history full of pride, tragedy



Brodie Thomas
Metro | Calgary

An iconic Calgary bridge is celebrating a milestone birthday this year.

The Centre Street Bridge's centennial is officially this winter, but the city is planning to mark the event in the summer. New banners were put up this week, commemorating the birthday.

Artist Sheila Kernan did seven prints, including one that juxtaposes the Centre Street Bridge with the new Peace Bridge.

Local historian and author Harry Sanders said the bridge was one of the few major infrastructure projects undertaken

34,000

Number of vehicles the bridge serves each day — 25,000 on the top deck and 9,000 on the lower.

in Calgary during World War I.

Even 100 years ago, the notion that cities could be aesthetically pleasing as well as functional was alive and well. A group calling itself the City Beautiful movement lobbied for concrete bridges instead of the old steel truss bridges.

The bridge's most distinct feature — the four lions — were designed by Scottish stonemason James L. Thomson. One of the original lions is at the entrance to city hall, while the other three are in storage.

Work commenced on the bridge in May 1915. At the time, there was another Centre Street Bridge — a truss bridge known as the MacArthur

Bridge — spanning the river.

Not even two months into construction, the MacArthur Bridge collapsed during a flood.

Sanders said the bridge had been closed due to the danger of a collapse, so it's ironic it would cave at the very moment inspectors were on it.

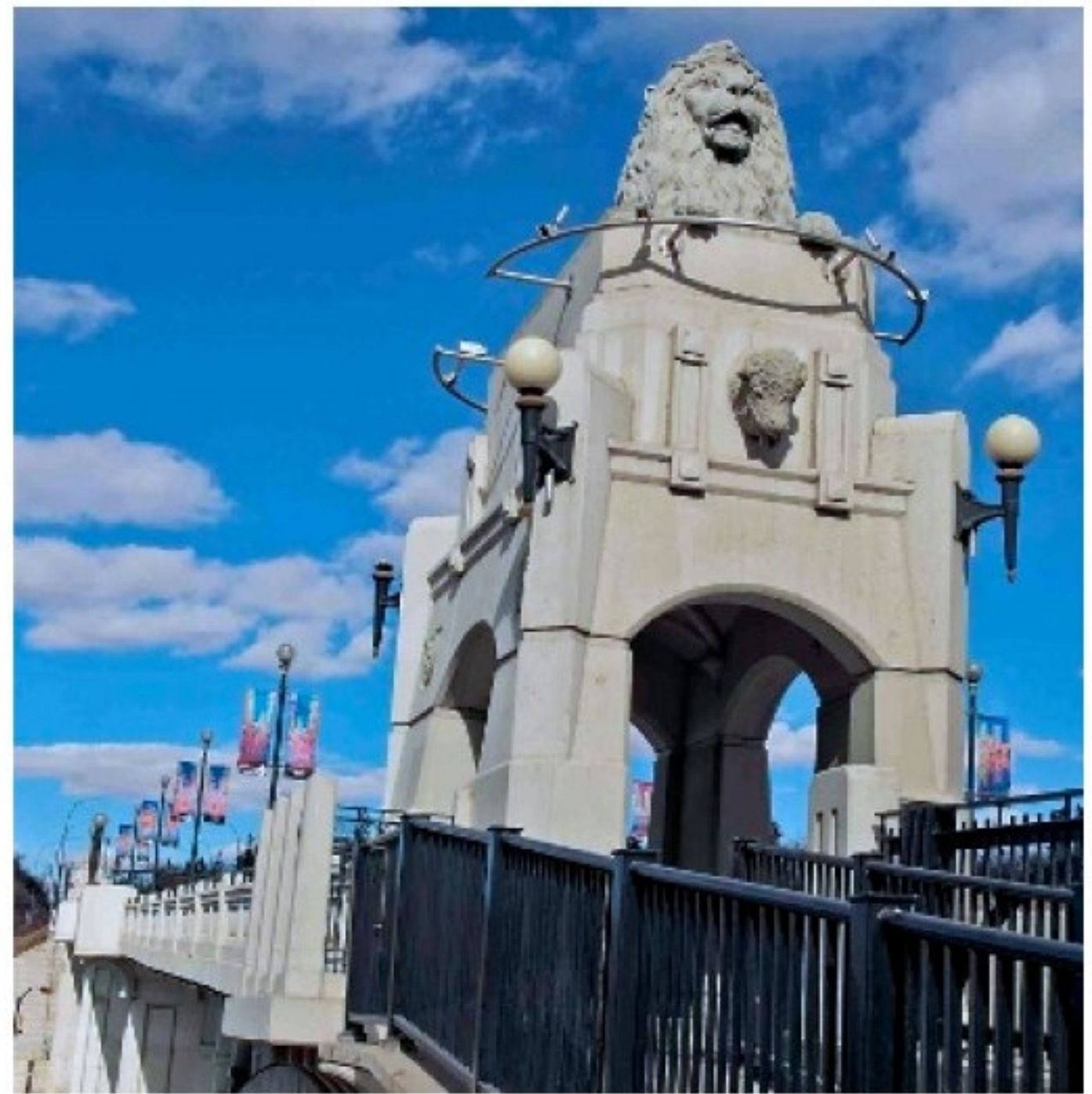
The city commissioner and an engineer escaped serious harm, while a third man drowned.

An informal opening was held Dec. 18, 1916. Two engineers, including one who survived the bridge collapse, were the first to drive a car across the span.

The total cost of the bridge, according to city spokeswoman Tara Norton-Merrin, was \$375,000. It had a \$90,000 upgrade in the 1950s and a \$13-million repair in 1999-2000.

Today the bridge serves about 34,000 vehicles each day.

Norton-Merrin said after its 2000 refurbishment, the bridge is expected to function until at least 2030.



The famous lions on the Centre Street Bridge are recreations of the original ones, crafted in 1916. One of the four originals is outside the entrance to city hall. JENNIFER FRIESEN/FOR METRO

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Family finds closure in sled-deaths probe

CALDWELL TWINS

Teenager tried to warn others from going down the hill



Jeremy Simes
For Metro | Calgary

Katie Caldwell says there are now fewer unknowns for her family, though they're still grappling with how they can move on without Jordan and Evan.

"We are doing OK," she told Metro. "Trying to adjust to this new normal has been hard."

On Monday, the Calgary Police Service (CPS) concluded its investigation into Canada Olympic Park's deadly sledding tragedy that claimed the lives of both Jordan and Evan and sent six other boys to hospital.

The investigation's details have brought some peace to



Jordan Caldwell, left, holds his sister Katie while Evan, right, stands next to them. CONTRIBUTED

the family, Katie said.

"I'd say it's brought closure in the sense that there are less unknowns now," she said. "The greatest unknown still, though, is how we will carry on without Evan and Jordan."

Though charges won't be laid, the CPS revealed gut-wrenching details of the events that oc-

curred overnight on Feb. 6.

One of the teens involved in a second sled crash tried desperately to warn the third and final sled of teenagers from going down the hill.

He scrambled up the hill but was too late.

The first sled, with three boys including Evan, struck the bar-

“Trying to adjust to this new normal has been hard.”

Katie Caldwell

rier that configures the track for bobsleigh or luge events, sending the teens tumbling. The second sled that came down missed the barrier but crashed into one of the boys.

The third sled, which included Jordan and another boy, caught a chain on the barrier.

The Caldwell boys were declared dead from blunt-force trauma. The others were taken to hospital with various levels of injury.

The twins were inseparable but leaders in their own communities, according to the family. They were smart and full of jokes and ideas.

"One truly couldn't live without the other," Katie said.

UNIVERSITY OF CALGARY

Student union dips into cash over fight



Helen Pike
Metro | Calgary

+ APPROVAL

The funding ask passed its first reading in the Students' Legislative Council and was approved Tuesday.

The University of Calgary Students' Union has blown through its legal budget fighting the school on its student-centre ownership — and as the bills start coming, they've decided to pull \$500,000 from their reserves to cover future costs.

The student union and university came to blows last year over who owns the lion's share of MacEwan Hall, the school's student-run facility. What was meant to be a discussion on renewing the Licence of Operation and Management Agreement between the two parties nearly ended up in a court custody battle before both parties decided on mediation.

As student union president Levi Nilson told Metro, lawyers are expensive. And when the union was billed an accumulative \$175,000 for their legal team, it became clear it was time to find a funding solution.

"We got our legal fees in recently and we went over what

our fees for the year would be," said Nilson.

"We still have lawyers involved in the process with mediation, so we've still got fees coming in from that. Also if we go back to court, we will have the money available."

The student union budget includes \$109,000 for professional fees, according to Nilson. That can include legal fees along with accountants or other consultants.

"We're talking about the tens of millions of dollars students have put in the building, and when we were discussing it publicly we were saying we had our legal right. It wasn't something I would say without getting legal advice," said Nilson.

"Students have been supportive."



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Group launches express help for refugees



Olivia Chen sent a proposal to the Alberta government in order to get drop-in classes for refugees. JENNIFER FRIESEN/FOR METRO

LANGUAGE PROGRAMS

Newcomers can soon access drop-in ESL classes



Jennifer Friesen
For Metro

After fleeing their homes in search of asylum, many Syrian refugees find themselves unable to communicate in a new world filled with new languages.

In Calgary, wait lists for ESL classes are upwards of a year, according to Olivia Chen of the Calgary Immigrant Educational Society (CIES). Currently, 900 people and 300 children are on the wait list for the language instruction program she runs.

"With so many new refugees

arriving in the city, it could take at least a year to get a spot in any class," she said. "I myself am an immigrant, so I know that, in a year's time, if they don't have any resources for integration, they may lose some of the curiosity as well as a lot of their time."

But, this week, Chen's proposal for a new drop-in language and integration program has been approved by the provincial government. Funded by the government of Alberta, the Refugee Express

Drop-In and Integration program (REDI), is set to launch on March 21. The year-long program will offer two classes a week with a bilingual teacher, focusing on the English language and real life tasks, such as public transportation and the education system.

"Instead of waiting at home and losing their language, this program can help them immediately improve their language while waiting for other services," said Sally Zhao, CEO of CIES.



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- Refrigeration and Air Conditioning
- Sheet Metal
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Join us Tuesday, March 15 in the Lower Level Atrium of the Aldred Centre. Doors open for check-in at 5:30 pm, information sessions begin at 6:00 pm. Confirm your attendance and program of choice by visiting the events calendar at sait.ca, calling 403.284.8367 or emailing construction.info@sait.ca.



PIPELINE

Alberta mayors back Energy East



Ryan Tumilty
Metro | Edmonton

Alberta's mayors are trying to hammer home the message that their communities are on the other end of the proposed Energy East pipeline.

At the Alberta Urban Municipalities Association's Mayor's Caucuses Wednesday, the crowd of mayors — including Edmonton Mayor Don Iveson — all had placards reading "Go East," which they held up during a speech from Premier Rachel Notley.

Lisa Holmes, president of the association, said the mayors want to send the message that the provincial economy needs pipelines like the \$15.7-billion one proposed by TransCanada Corp.

"Projects like this are of national significance, but especially in Alberta, especially now. We need to stand up and say we need more jobs," Holmes said.

Recently, mayors in Montreal came out collectively against the pipeline due to environmental concerns, only to see the mayor of Quebec City lend his support to the project.

If approved, Energy East will run from near Hardisty, Alta., through Quebec, onto Saint John, N.B.

"We need to stand up and show we are willing to be a voice as loud as the other municipalities that are coming up across the country," Holmes said.

Notley said market access is key to easing the boom and bust cycles Alberta so frequently sees.

"Alberta's producers must be able to sell to a wider range of buyers to better insulate us from energy shocks," she said.

She said Canada shouldn't rely on oil imports, which currently stand at one million barrels a day.

"That just makes no economic sense for anybody in Canada," she said.

"Canada should be relying on its own abundant energy resources and our energy dollars should be building our economy here in Canada. It's simply that clear."

Notley said the province's new climate change plan should also be a sign to people who are wary of allowing the oilsands to expand that the government is taking the issue seriously.

"Alberta as a whole is changing its approach to emissions and will take real action."




AUMA President Lisa Holmes and Premier Rachel Notley snap a selfie at the mayor's caucus on Wednesday, with the group's "Go East" placard in the background. GOVERNMENT OF ALBERTA

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EZEKIEL DEATH CASE

Sick boy's mom asked for immune boost, worker says

An employee at a southern Alberta naturopathic clinic says the mother of a gravely ill toddler asked for an immune system boost because she feared her son had viral meningitis.

Lexie Vataman, who fills holistic prescriptions at the Lethbridge Naturopathic Medical Clinic, told a jury Wednesday that she received a call from Collet

Stephan in March 2012.

"She needed something to build up her baby's immune system," said Vataman. "She said, 'My baby might have a form of meningitis and we think it might be viral and not bacterial.'"

Vataman said she asked if Stephan had taken her son to a medical doctor. She said Collet replied that a friend who was a nurse was keeping an eye on him and he didn't have a fever.

Stephan, 35, and her husband, David Stephan, 32, have pleaded not guilty to failing to provide the necessities of life to 19-month-old Ezekiel, who died in March 2012.

Crown prosecutor Clayton Giles alleges the couple, who run a nutritional supplements company called Truehope Nutritional Support, didn't do enough to get the boy medical care.

The trial in Lethbridge has

been told the couple first thought the boy had croup and treated him with natural remedies and homemade smoothies containing hot pepper, ginger root, horseradish and onion.

Collet Stephan came in within a day or two of the call and spoke briefly to naturopathic Dr. Tracey Tannis, who asked Vataman to make up a tincture of echinacea.

THE CANADIAN PRESS



Artistic director Wendy Passmore-Godfrey with The Greedy Frog, with whom she'll be performing on Calgary Puppetry Day. COURTESY WANDA MARTIN

City ready to welcome puppets

WORLD PUPPETRY DAY

Highlight will be bid to create longest chain of cutouts



Aaron Chatha
Metro | Calgary

With a fury of felt, fun and furry-ness, World Puppetry Day is heading to Calgary for the first time with an attempt to create the world's longest chain of puppets — no strings attached. Although some glue might be involved.

On March 21, WP Puppet Theatre will be exploring how puppets bring people together by giving Calgarians a chance to create their own three-foot-tall puppet cutout, which will all be linked together at the end of the day to create a chain of puppets holding hands.

Artistic director Wendy Passmore-Godfrey said puppets have a fun and non-threatening way for people to express ideas and emotions.

"But underlying that, they've been rebels, stirred up issues and been voices for people that don't have a voice," said Passmore-Godfrey. "It's not all fun and games and fluff and fur."

She said she's seen puppets used by children who are selective mutes to communicate, and by the type of people who have something important to say, but prefer to hide behind a screen or a character they've created.

"It's a fun that's disguising a really deep instinct to anthropomorphize things in our life and understand people, relationships, objects, history and all of that kind of stuff," she explained.

The event will also feature performances from local professionals, and an open mic to let people get up and speak with their puppets.

The Calgary Puppetry Day is the kick-off for the company's Biennial Puppet Power conference in May, which will explore the theme of connecting generations.

Calgary Puppetry Day takes place at Fort Calgary from 10 a.m. to 4 p.m.

Entry is free.



They've been rebels, stirred up issues and been voices for people that don't have a voice.

Artistic director Wendy Passmore-Godfrey



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Carl Holst, Sales Manager at **Stampede Toyota**, just announced plans to hold a Used Vehicle Spring Clear Out Sale with savings up to 50% off every Used Vehicle in stock **Taking Place March 12, 2016.**

According to Mr. Holst, increased sales from the last few months have resulted in an overstock of trade-ins. "In the last three months our sales have increased at a higher than expected rate", Holst said. "Now, we have too many cars and trucks on our used lot and must reduce this to a more manageable number."

During this Used Vehicle Clear Out Sale every used car and truck will be sold with discounts from 10% up to 50% off the original asking price. Our customers will find these prices thousands of dollars lower than our competition and even lower than the auctions." Mr. Holst said. Auction bidding often inflates the true value of a car so you pay more. Here every car and truck is on sale up to 50% off, first come first served and no bidding.

It's the perfect opportunity to get a good quality used car

at the lowest price in the city. All cars are on display at **Stampede Toyota on Barlow Trail, 2 blocks north of the Trans Canada Highway.** This Sale is one day only, doors opening at 8:30 am. Those who arrive early will get the best selection.

Prices will be posted on the windshields and customers will be given the opportunity to purchase the vehicle

One of Calgary's largest import dealers is overstocked and is forced to sell used cars and trucks for as low as 50% OFF March 12, 2016, during a one-day sale event.

at these amazingly reduced sale prices. This unheard of approach to selling used vehicles will make it easy and quick for anybody in the market for a good used vehicle to get a great car or truck at a very low price with no hassle or the need for endless haggling.

"Wholesale buyers will be represented to take trade-ins during the sale," Mr. Holst said.

"We also have four business managers who will help buyers arrange affordable financing options."

We've got over \$10 Million Dollars in inventory to choose from. Our total inventory will be close to 400 new and used cars and trucks to choose from. We want to remind everyone again that this is a oneday sale only. When their inventory has been reduced, they will remove the sale prices and return to normal operations.

"Since we are a local business we would like to give back to the community we are in," Mr. Holst said. "We would rather allow local people to buy these overstocked vehicles than have to wholesale them at an auction."

All cars will be clearly marked with discounts from 10% up to 50% for the entire day. Be sure to get down there early for best selection and take advantage of this opportunity to get the vehicle you have been waiting for, at the price you have been waiting for.

Due to the volume of sales during this event, please no telephone inquiries.

Trudeau's visit to U.S. a trip of firsts

DIPLOMACY

PM, family land in Washington ahead of White House dinner

Justin Trudeau's first prime ministerial visit to the United States got underway Wednesday as he stepped off the airplane with his wife and children to begin a trip unique in the recent history of Canada-U.S. relations.

Anticipated announcements on bilateral issues like climate change, next-generation border security and the Arctic are merely one tranche of the story of the three-day trip.

It's also a snapshot in time. The highlight will be the first state dinner for a Canadian in 19 years at a moment where two sympatico progressive leaders hold office and the Canadian one also happens to be unusually well-known here.

The visit has prompted a rare degree of American media attention. A more gushing example was in the tabloid *Politico* headline, "Justin Fever Hits Washington," followed by a story where a senior White House official admitted having a bit of a crush on the young leader from the north.

It also comes so late in Barack Obama's tenure that one official couldn't say whether or not this state dinner — the 11th of his presidency — might be his final one.

Denison Offutt said there's



Justin Trudeau holds his son Hadrien as he steps off the plane.

PAUL CHIASSON/THE CANADIAN PRESS

plenty fertile ground for co-operation on substantive files.

"The leaders are progressive, forward-looking, and have very similar common values and agendas," said Offutt, director for North American affairs.

One could revolutionize the way Canadians and Americans enter each other's country by allowing pre-border customs screening — in train stations, bus stations, on ships and off highways the same way it already occurs in several Canadian airports, with the goal being smoother travel through choke points.

The climate agreements will include components on the Arc-

tic and commitments to reduce methane-gas emissions, and help developing countries cope with the effects with environmental change. Some third-party groups consulted on the trip also expect announcements on clean technology.

The prime minister landed at Andrews Air Force Base and emerged alongside his wife Sophie Grégoire-Trudeau and their three children — Xavier, Ella-Grace and Hadrien.

Thursday is the main meeting with President Barack Obama in the morning, followed by meetings with senior members of Congress and the state dinner in the evening. THE CANADIAN PRESS



Justin Trudeau, his wife Sophie Grégoire-Trudeau and their children stand for the playing of the Canadian and United States National Anthems after their arrival at Andrews Air Force Base, Md., on Wednesday. CLIFF OWEN/THE ASSOCIATED PRESS



Dessert items are seen during a preview a day before the State Dinner for Canadian Prime Minister Justin Trudeau at the White House on Wednesday in Washington, D.C. AFP/GETTY IMAGES

State meal a palette of flavours

ON THE MENU

Dinner a blend of U.S. produce and Canadian whisky

The best of America's spring produce, with a little help from some Canadian whisky, will feature heavily on the menu for the state dinner Thursday night to mark Justin Trudeau's first prime ministerial visit to the U.S.

The first course at the White House will see the Trudeaus and the Obamas dine on Alaskan halibut "casseroles" with cepes, delicate angel hair asparagus, chanterelles, baby onions and lardon and herbed butter. This will be followed by roasted apricot galette with Appalachian cheese, heirloom lettuces and pine nut crisps.

The menu says the state dinner features ingredients from the Pacific Northwest to the Atlantic coast.

"With a mindfulness to the coming of spring, White House executive chef Cris Comerford and executive pastry chef Susie Morrison will present dishes highlighting elements of the season and the best of America's farms and seas," says the menu.

"One of our canapes is actually a duck poutine," said Comerford as he described Hudson River duck shaved on fries with gravy and cheese. "So it's kind of like a take on a wonderful national



The first course of the state dinner in the State Dining Room at the White House. GETTY IMAGES

dish of Canada."

The vegetables for the first course come from a farm in Ohio and the herbed butter is sourced from Michelle Obama's White House kitchen garden.

The cheese from the second course comes from Galax, Va.

"With sweet and salty, and soft and crunchy, all in one dish, the salad has a wonderful juxtaposition of flavours and textures," says the menu.

The main course consists of a herb-crusted lamb from Colorado, Yukon Gold potato dauphinoise and lightly sautéed spring vegetables.

"As a finishing touch, the dish is drizzled with Yukon Jack Canadian Whisky," reads the menu.

Trudeau's visit marks the 11th state or official visit of Barack Obama's presidency but the first for a Canadian in 19 years.

THE CANADIAN PRESS

FAMILY TRAGEDY

B.C. mom torn over toddler's death, new baby



Thandi Fletcher
Metro | Vancouver

A Surrey, B.C. mother whose toddler died the same day she gave birth to a new baby says she feels like she's living a nightmare and can't wake up.

At around 7 a.m., on March 3, Megan Carbonetto went to wake her three daughters — Sian, 7, Abigail, 5, and 14-month-old Sarah — to get ready for school.

That's when the horror began. No matter how hard she tried to wake up her youngest, the toddler wouldn't open her eyes.

"She just looked like she was sleeping, but she wasn't waking up," Carbonetto told Metro. "I screamed bloody murder."

After calling 911, her sister-in-law performed CPR on Sarah's lifeless body until paramedics arrived and took over, transporting her to hospital.

But their efforts were futile. The coroner later told Car-

bonetto that Sarah had likely already died sometime during the night. The cause of death was unknown.

But the nightmare wasn't over yet.

While talking to RCMP officers the same day, Carbonetto, who was 33 weeks pregnant, said the stress sent her into early labour.

Around 9 p.m., she gave birth to a baby girl.

Born six weeks premature, the baby, whom she named

Zipporah, is expected to spend another two weeks in the neonatal intensive care unit, but seems to be doing well.

For Carbonetto, however, the traumatic experience has her grappling with mixed emotions.

"Within a 12-hour period, I have lost a child and gained another," she said. "I feel so guilty because I feel like right now I should be mourning the loss of my child, but then I feel like I'm being selfish because the baby needs me as well."

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Eclipsed by wonder

People gazed at the sky and cheered while others knelt in prayer as a total eclipse of the sun unfolded over Indonesia Wednesday, briefly plunging cities into darkness and startling wildlife. The rare phenomenon was witnessed along a path that stretched across 12 Indonesian provinces encompassing three time zones and about 40 million people. A partial eclipse was visible in other parts of the archipelago, a swath of Asia and northern Australia. Thousands flocked to Indonesia from abroad and the government, which has been promoting the event for more than a year, forecast a substantial tourism boost. THE ASSOCIATED PRESS; PHOTOS: AFP/GETTY IMAGES

1 The solar eclipse from Banda Aceh, Indonesia.

2 The moon passing in front of the sun during a partial solar eclipse in Manila.

3 Acehnese people watch from Banda Aceh.

Trump calls for a united front

REPUBLICAN NOMINATION

Frontrunner says he'd beat Clinton with party backing

Donald Trump called for Republicans on Wednesday to rally behind his presidential candidacy after he cruised to primary victories in three more states, declaring that he could not be defeated in the November general election as the standard-bearer of a united party.

On the Democrat side, Vermont Sen. Bernie Sanders handed former Secretary of State Hillary Clinton a surprise loss in the industrial state of Michigan, increasing the likelihood that the contest for the party's nomination could stretch into early summer. Clinton, however, crushed Sanders in the southern state of Mississippi, continuing to win a large margin among black voters.

Speaking to MSNBC on Wednesday, Trump said: "If the Republican party unites behind us, nobody can beat us."

But Trump evaded questions about how he would carry out his campaign promises, especially his boast that he would build a wall along the Mexican border to stop illegal immigration and make Mexico pay for it.

He did concede that he is not doing as well with women voters because of the stinging language of his campaign. "I can see women not necessarily liking

the tone (of the campaign), but I had to be very harsh to win," he said of his brutal counterattacks on party elites and fellow candidates, particularly Florida Sen. Marco Rubio and Texas Sen. Ted Cruz.

Trump has won 15 of 24 Republican nominating contests so far, but he must do better to win the nomination. His lead over Cruz grew by only 15 delegates Tuesday because all four states awarded delegates proportionally, so even the second-place finisher got some.

Cruz captured the Idaho primary and Rubio, the favourite of the party establishment, failed to pick up any delegates Tuesday. He needs to win home state Florida next week to stay in the race.

As Trump called for Republican unity, party resistance to his campaign continued. For-

+ DELEGATE TALLY

- **Trump:** at least 446
- **Cruz:** at least 347
- **Rubio:** at least 151
- **Kasich:** at least 54

It takes 1,237 delegates to win the party nomination.

mer Florida Gov. Jeb Bush, who dropped out of the race, planned to meet with Rubio, Cruz and Kasich, but not with Trump.

While Sanders upset Clinton in Michigan, she increased her delegate lead by sweeping Mississippi and is now halfway to the number needed to clinch the nomination. Clinton has accumulated 1,221 delegates and Sanders 571, including superdelegates, who can support whomever they like. THE ASSOCIATED PRESS



Donald Trump called for Republicans to rally behind him after he cruised to primary victories in three more states. GETTY IMAGES



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*Canadian residents who have reached the age of majority in their province or territory can enter the contest at www.hyundaisupersearch.com between February 13th, 2016 at 12:01am (ET) and April 4, 2016 at 11:59pm (PT). One entry per each Weekly Prize. One entry per Grand Prize. Four (4) Weekly Prizes of CDN\$2,500.00 each, and one (1) Grand Prize of CDN\$20,000.00. To be eligible for Grand Prize, contest participant must perform test drive of a new Hyundai vehicle at a Canadian Hyundai dealership and submit the correct answer to the final SuperSearch Clue. To be eligible for secondary Weekly Prizes, contest participant must submit the correct answer for each respective Weekly SuperSearch Clue. Each Weekly Prize is exclusive of each other; answer submission for all Weekly Prizes is not required to be eligible to win any one (1) Weekly Prize. Chances of winning depend on the total number of eligible entries received. Eligible winners must correctly answer skill-testing question. Prize draws will be held at 16 Mary Street, Unit 4, Aurora, Ontario at approximately 2:00pm (ET) on April 7, 2016. No purchase required. Complete rules available at www.hyundaisupersearch.com. TM/©The Hyundai names, logos, product names, feature names, images and slogans are trademarks owned by Hyundai Auto Canada Corp.

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metroNEWS World

Thursday, March 10, 2016 **17**



People queue for food at a makeshift camp at the Greek-Macedonian border on Wednesday, where thousands are trapped by a border blockade. AFP/GETTY IMAGES

Refugees still flowing into border camp

GREECE-MACEDONIA

Migrants' hopes dashed as told they can go no further

Still more refugees were arriving at the overflowing Idomeni camp on the Greek-Macedonian border Wednesday despite the gates being shut following a European Union-Turkey summit and a decision by countries further up the Balkan route to allow through only people with valid EU visas.

Despite the border closure and increasingly poor conditions, dozens of new arrivals were walking the more than 15 kilometres from a nearby petrol station, using flimsy ponchos to ward off the worst of the rain and humidity to reach Europe's largest refugee bottleneck.

In the camp and surrounding fields, thousands sheltered from the driving rain any way they could. They huddled in tents pitched in increasingly muddy and swampy fields, trying to insulate their temporary homes with blankets and sheeting.

By the border gate, through which nobody had passed since dawn on Monday, men, women and children slept in a large tent

for those who had reached the front of the queue to cross, huddled on the ground and covered by blankets. A colourful banner made with clothes, blankets and strips of cloth hung on the border fence above coils of razor wire, reading "Made in EU."

The mood was grim and confused, with many seemingly in denial that this muddy field is where their onward journey ends, far from the better lives they dreamed of in more prosperous European countries such as Germany.

"I don't know anything," said 17-year-old Ahmed Merza from Qamishli in Syria, who has been in Idomeni for eight days with his sister. "This is bad news for us — like a bomb."

Like thousands around him, Merza wanted to go to Germany. He didn't consider staying in Greece to be a viable option.

For others, the conditions were too much to bear, and about 200 people boarded buses bound for refugee camps in and around Athens or other parts of Greece. Officials have said they will not evacuate the camp by force.

"This is horrible, unbelievable, unbearable. There is war in my country, and they are closing the border," said Mahmoud Hassan, a 23-year-old Syrian. "Where are we supposed to go?"

THE ASSOCIATED PRESS

UNITED STATES

Lawmakers' raw milk party ends in illness

Some West Virginia lawmakers and Capitol staffers had a very bad weekend after drinking raw milk to celebrate a law loosening restrictions on the product.

Now state health officials are investigating whether the milk was to blame for their fever, vomiting and diarrhea, and weighing allegations the raw-milk party broke the law.

So far, health officials say they haven't received medical

reports of illnesses related to the dangerous bacteria that can live in raw milk, including *Campylobacter*, *Listeria*, *Salmonella* and *E. Coli*.

The lawmaker involved, Scott Cadle, who also stayed home sick Monday, blames the illnesses on an unrelated stomach virus circulating the Capitol.

"Everybody up there is getting it," said Cadle. "It's a stomach virus. It didn't have

+ REVERSAL

Tomblin had previously vetoed a similar bill, saying raw milk contains bacteria dangerous for children, pregnant women and people with compromised immune systems.

nothing to do with that milk." Gov. Earl Ray Tomblin signed a bill last Thursday that will let

people share milk-producing animals and drink raw milk under certain conditions.

Some of those who got sick, did not drink the milk, House spokesman Jared Hunt noted.

Gov. Earl Ray Tomblin signed a bill last Thursday that will let people share milk-producing animals and drink raw milk if people sign a document acknowledging the health risks, and if the animals have passed health tests. THE ASSOCIATED PRESS

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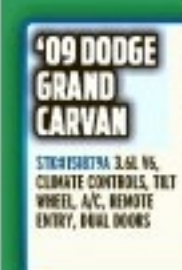
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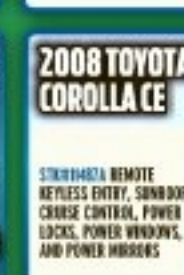
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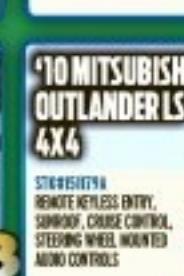
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18 Thursday, March 10, 2016

Business metro NEWS

Canada's egg farmers push back

CAGE-FREE HENS

Big restaurant chains shun enriched cages compromise

Some 17,000 hens and one rooster at Roger Pelissero's egg farm in West Lincoln, Ont., live in cages that may be the envy of most other hens in Canada.

The cages, which are about 1.5 metres wide and 3.7 metres long, contain about 60 hens per colony and are outfitted with perches, a scratch pad and two partitioned nesting areas for laying eggs in private.

But as major restaurant chains increasingly promise to dish out eggs solely from hens not confined to cages, they shun enriched caging — a compromise that Pelissero and other Canadian egg farmers hope that hens, farmers and consumers can live with.

Pelissero's hens once lived in battery cages, a type of housing that only offers each bird the living space of about a standard piece of paper. In 2013,



Hens on a free-range farm in Canada. COURTESY WORLD ANIMAL PROTECTION

he upgraded to enriched cages, which allow hens to exhibit more natural behaviours, like dust bathing.

About 90 per cent of hens in Canada currently live in battery cages, according to

the Egg Farmers of Canada. The remainder are in enriched cages, indoor free-run systems or free range.

Pelissero considered shifting to a cage-free alternative but decided against it due to

health concerns for his birds and workers, mostly family.

Cage-free housing can mean more dust and ammonia in the barn because hens aren't completely separated from their litter, said Peter Clarke, chairman

of the Egg Farmers of Canada.

People working in free-run set-ups can suffer short-term respiratory problems, found a 2015 study by the Coalition for Sustainable Egg Supply.

Birds in free-run systems

+ CONSUMERS

Grocery stores offer shoppers a choice of eggs

Canadian consumers are egg farmers' No. 1 clients and the grocery stores they shop at still offer a range of choice, including certified organic eggs (which are always free-range) and those from enriched housing.

But if public opinion joins the changing corporate tide, Canada's egg farmers may have to reconsider their stance.



ISTOCK

died more frequently, pecked at other hens more aggressively and their keel bones showed more damage than their battery cage counterparts. The hens in free-run systems were also more likely to die of cannibalism.

THE CANADIAN PRESS

BANK OF CANADA

Key rate stays same ahead of fed budget

The Bank of Canada is sticking with its key interest rate as it awaits billions in economy-boosting measures expected in the federal budget.

The central bank kept its interest rate locked at 0.5 per cent in its scheduled announcement Wednesday.

The bank's decision comes as the federal government in-

sists its March 22 budget will include big-ticket spending to help the economy.

0.5%

The Bank of Canada's current interest rate.

The Bank of Canada specifically acknowledged those federal investments, saying it would evaluate the impact of fiscal stimulus measures in its

April 13 quarterly monetary policy report.

THE CANADIAN PRESS

COMPUTERS

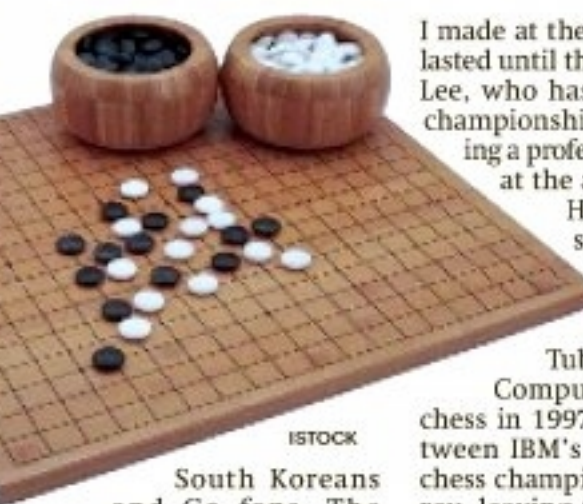
Google's software beats Go champ

Google's computer program AlphaGo defeated its human opponent, South Korean Go champion Lee Sedol, on Wednesday in the first face-off of a historic five-game match.

AlphaGo's victory in the ancient Chinese board game is a breakthrough for artificial intelligence, showing the program developed by Google DeepMind has mastered one of the most creative and complex games ever devised.

Commentators said the match was close, with both AlphaGo and Lee making some mistakes and a result that was unpredictable until near the end.

Lee's loss was a shock to



ISTOCK

South Koreans and Go fans. The 33-year-old initially was confident of a sweeping victory two weeks ago, but sounded less optimistic a day before the match.

"I was very surprised because I did not think that I would lose the game. A mistake

I made at the very beginning lasted until the very last," said Lee, who has won 18 world championships since becoming a professional Go player at the age of 12.

Hundreds of thousands of people watched the game live on TV and YouTube.

Computers conquered chess in 1997 in a match between IBM's Deep Blue and chess champion Garry Kasparov, leaving Go as "the only game left above chess" Dennis Hassabis, Google DeepMind's CEO, said before the game.

AI experts had forecast it would take another decade for computers to beat professional Go players.

THE ASSOCIATED PRESS

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metro VIEWS

Your essential daily news

Thursday, March 10, 2016

CHANTAL HÉBERT: ON CONSERVATIVE CAMPAIGN CASH



For seasoned politicians, the leadership game is worth playing only if one has a reasonable chance of finishing with a score high enough to not lose face. And achieving that in the expensive Conservative environment will be costly.

It is a political rule of thumb that defeated incumbents tend to drown their sorrows in money and it turns out the federal Conservatives are no exception.

At \$5 million, the spending limit imposed on each of the candidates who will vie to replace Stephen Harper between now and next spring is more than five times higher than the maximum allowed for the leadership contest that resulted in Justin Trudeau's election.

But it is in the same general ballpark as that set by the Liberals immediately after they lost power to the Conservatives in 2006.

Over the campaign that ended with Stéphane Dion's victory, the candidates were allowed to spend almost \$3.5 million each — down from \$4 million at the time of Paul Martin's quasi-coronation in 2003.

In between the two Liberal leadership contests, more restrictive Elections Canada fundraising rules had come into effect. Corporations were no longer permitted to dish out generous helpings of money to their favourite candidate. Only individuals could

contribute a modest amount of money.

In 2006, the Liberals were the first to try out those new rules and the result was a collective disaster.

By the time the campaign ended, more than half the 11 candidates were mired in debt. Over the years that followed their efforts to pay off

their status by financing her own campaign.

But in this contest, businessman Kevin O'Leary would be forbidden to tap into his own considerable financial resources. Instead he would have to find supporters to finance his campaign \$1,500 at a time.

The immediate impact of the high spending limit the

membership is in the thousands or less than 50-strong — will be worth 100 points to be split among the candidates based on the percentage of their support.

In theory, a candidate could come first in the 99 ridings the party currently holds but still lose by not doing well in the 239 that are not currently represented by a Conservative MP in the House of Commons.

And if you think that is an extreme scenario, consider that, on balance, Kenney is best placed to score high in many of the Conservative-held ridings but MacKay could be an easier sell in most of the non-conservative ones.

There are of course more ways to gain from a leadership campaign than by becoming leader.

Brian Mulroney, John Turner, Jean Chrétien and Paul Martin all built subsequent leadership victories on an initial failed bid.

In a polarized contest between two front-runners, it can also be a winning strategy to start off from behind with the goal of becoming everyone's second choice.

When Dion entered the 2006 campaign, he was considered a placeholder whose sole mission was to represent Quebec in the lineup dominated by Michael Ignatieff and Bob Rae.

But for seasoned politicians, the leadership game is worth playing only if one has a reasonable chance of finishing with a score high enough to not lose face. And achieving that in the expensive Conservative environment will be costly.

Chantal Hébert is a national affairs writer. Her column appears in Metro every Thursday.



POTENTIAL PAIRING If former cabinet ministers Jason Kenney and Peter MacKay both run for the leadership of the Conservative party, they could drain the donation pool and bolster their front-running positions by outspending the rest of the competition, Chantal Hébert writes.

THE CANADIAN PRESS

those debts put a cramp on the party's fundraising efforts. (Unlike the Conservatives today, the Liberals could at least count on a public per-vote subsidy for most of that period.)

To top it all, the 2006 Liberal campaign did not yield a winning leader.

The Conservatives apparently believe they are immune to those risks. Not that they have any experience with the process — Harper was selected under the old free-for-all system.

Under the lax rules of the recent past, a leadership candidate with deep pockets such as Belinda Stronach was able to make up for her political out-

party has settled on will likely be to give an added incentive to the other prospective candidates to wait for a clear signal from Jason Kenney and Peter MacKay as to their leadership intentions.

If both former ministers run, they will suck a lot of money out of the donation pool, and be well positioned to compound their front-running status by outspending the competition.

In this contest, the ability to finance a truly national campaign will be crucial.

For it will not be good enough to sign up a lot of members in a given region. Each riding — whether its

ROSEMARY WESTWOOD

metroview



Required reading for all Canadians on doctor-assisted death

We are watching the slow march towards medical-assisted death laws in Canada. But despite a looming June deadline, all is far from settled.

For years, in poll after poll, a wide majority of Canadians have supported physician-assisted death, in a very specific case: When an adult is terminally ill. The results were 67 per cent in 2011, 84 per cent in 2014 (when someone is "suffering and repeatedly asks for help to end their life"), and 77 per cent last August.

Months earlier, the Supreme Court had ruled that competent adults, facing intolerable suffering from an irreparable and grievous medical condition, have a charter right to physician-assisted death.

The Supreme Court decision was succinct, to the point of omission. It did not discuss mental illness, the rights of minors, or advance requests for an assisted death.

It left a joint Senate-Commons committee in a position to recommend detailed laws, and the committee took almost every chance to make them as broad as possible. The mentally ill and minors should be eligible, its report says, and advance requests allowed.

Those recommendations have neither the polls to prove general support from Canadians, nor the explicit foundation of a Supreme Court ruling. Four members wrote a

dissenting report.

And the recommendations also don't have the support of the Canadian Medical Association, which objects to the suggested requirement that physicians "provide an effective referral for the patient."

Catholic leaders, unsurprisingly, also object. In an outraged and at times condescending tone, Cardinal Thomas Collins, Archbishop of Toronto, condemned the committee's report in a letter read at masses on Sunday. "Some people" believe life has no value after a certain point, "since they cannot function as they once did," Collins wrote, and he warned compassion is "a shaky foundation for social policy."

Both statements are misleading. Compassion is not the basis for new laws — the charter is. It is not "some people" who want some kind of assisted-dying law — it is a large majority of Canadians. But Collins perhaps isn't wrong to wonder how many Canadians realize the scope of assisted dying currently on the table.

Which isn't to say the scope is too broad. I don't yet know myself where I stand on the recommendations.

But given the dramatic change upon us, perhaps now is the odd time I'll recommend you read, in full, a 60-page parliamentary report, and prepare yourself for the implications.

Under the lax rules of the past, a leadership candidate with deep pockets was able to make up for outsider status by financing her own campaign.

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metr LIFE

Your essential daily news

Goodbye "cone of shame" — the Cover Me by Tui onesie is a post-surgical garment for dogs. "The fabric is breathable so it promotes healing," says company founder Stephanie Syberg.



Thursday, March 10, 2016

Questioning parenting norms

NEW BOOK

Heather Shumaker wants kids to run and yell

Homework? Ban it! Circle time? Not for every kindergartner. Forced sharing? How about letting a kid play with a toy until she's done?

Those are just a few of the ideas that Heather Shumaker advocates as "renegade" in a new book, *It's OK to Go Up the Slide*, an extension of her first parenting guide, *It's OK Not to Share*.

Shumaker is the mom of two boys, ages 11 and 8, in Traverse City, Mich. As a youngster, she was a student where her mother taught for 40 years in Columbus, Ohio, the unorthodox School for Young Children. Free play was encouraged and teachers did things like providing boxing gloves to children to learn how to navigate rough play.

"Children who come out of that program are unusually skilled in conflict mediation and coping with their emotions," says Shumaker, who is 48.

The new book, out in March, extends her outlook from very young children she focused on the first time around through the middle school years.

adults, know about kids and what we actually DO about kids?

We know a lot more about brain development and the value of play than we ever have before and yet we're kind of doing the opposite. Back when I was a kid, we didn't know much about brain development but we trusted kids more, so we were willing to trust their play. If it involved toy weapons, we were willing to go with it.

Now, we know a lot more about the benefits of free play and how that affects learning, the benefits of big-body play — running around, bicycling, yelling, wrestling, but I think there's a culture of fear.

How do parents need to reinvent parenting? You say we have to be willing to tip what we know upside down, become renegade parents.

We accept a lot of parenting habits as truth, whether it's don't talk to strangers or safety first or do your homework. These are things that we just accept as sacred mantras. These conventions become our habits generation to generation. And yet the more we learn and through some of the research, these are just plain wrong.

You talk about the importance of parents taking off their "adult lenses." Can

you explain what you mean by that?

We're very good at adult amnesia, forgetting what it's really like to be a kid. So if a kid doesn't do what she's told in the kindergarten circle time, she's labelled as defiant. You know, they're not going to fit into society, they're going to become that loner that causes problems. ... We really leap to a lot of conclusions, but a kid doesn't have to do what the group's doing so long as their actions don't disrupt the group. Adults sometimes need to let kids do what they do.

You take on a lot of the hot buttons in parenting and education, such as homework, but tell us what you mean by "renegade sharing," especially in a school setting?

A lot of adults will set a timer, say five minutes and then it's Joey's turn, or just take a toy out of a child's hands and say, you've had this long enough, now be nice and share with your friend. This makes the kid feel rotten. We're doing it to encourage generosity and awareness of others and all those good things but it actually backfires and delays that development of generosity. What you want is for a kid to share when you're not looking, because it feels good and they want to internally. That happens when they have some control and

when they feel that rush of good feelings.

Tell them you can play with that as long as you want, until you're done. It protects that right. It works well even with 2-year-olds because it's simple, it's fair, it's easy and the kids get it. Now, kids learn really early to say, she's not sharing, in that whiny voice, and they know that means instant gratification and adults will swoop in.

Another one of your topics is the idea of sharing "sad stories" with kids. At what age, to what degree?

A lot of story books for children are being sanitized, where the gingerbread boy does not get eaten by a fox anymore. They sit down and they're friends. This doesn't seem satisfying to kids. They know something's not quite right.

Adults are scared of those feelings. They want to spare kids sorrow, all those difficult feelings — fear, anger. They want this generation to be where everybody is peaceful and friendly. The perfect generation. But that's not reality. They feel these feelings anyway and they need to have that reflected in stories around them. You can mix them in. Not everything has to be doom and gloom, but if a child is old enough to ask about sad things, she's old enough to get an honest answer. THE ASSOCIATED PRESS



Author Heather Shumaker advocates giving children more freedom to sort out issues like sharing and rough play. ISTOCK

Can you talk about the gap between what we, as

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Police shootings influencing crime genre

BLACK LIVES MATTER

Fiction writers taking a page from today's racial tensions

Walter Mosley, best known for *Devil in the Blue Dress* and other novels featuring the black detective Easy Rawlins says he has been working on a new book. It's about a former New York City policeman investigating the shooting of two officers by a black man. The investigator then learns that the officers had tried to kill the man first.

"In the end he realizes that he has to come to some kind of understanding about how

the system works, that his own sense of law and justice is never going to work for him," says Mosley, who is calling the novel *Detective, Heal Thyself*.

The wave of police violence that helped launch the Black Lives Matter movement is also influencing a genre that captured tensions between police and non-white communities well before the rise of social media and cellphone videos.

Publishers and writers say that story lines known to readers of Mosley, Eleanor Taylor Bland or Gary Phillips, will likely become more common and intense.

"This particular issue has long and faithfully been represented in crime fiction," said Joshua Kendall, editor-in-chief

of the crime fiction imprint Mulholland Books.

"It's simply that much of the fiction has been overlooked, just as the actual rate of abuse overlooked by media until now. That said, we need and want more fiction about it. The curiosity, concern and appetite seem to have finally grown."

But crime fiction is no more diverse than much of the book world and, at least in the near future, many narratives that take on race will likely come from white authors such as David Baldacci, Ben Winters and Trudy Nan Boyce. Baldacci's novel *The Last Mile*, scheduled for April, tells of a black man on death row and the likelihood he was wrongly convicted.

Kendall is, however, trying to change the visibility of black writers. He has agreed to a multi-book deal with Attica Locke and says he is looking to sign up other black writers.

Phillips, who set his 1994 novel *Violent Spring* in the aftermath of the Los Angeles police beating of Rodney King, said he was hoping

that younger authors such as Aaron Philip Clark and Desiree Zamorano would tell stories reflecting more recent events.

"The old days of the PI with just a file and an address and a sexy secretary are long dead," said the 60-year-old author.

"Back in the 1980s and '90s writers like me and Walter Mosley and Paula Woods pushed the envelope forward and looked at different issues. I think the younger folks will do even better pushing it forward more. You have writers in this field who are going to be able to use things like Ferguson and what's happening on college campuses."

"Everyone knows of Walter Mosley, and there have been other excellent black crime writers published in recent years, such as Paula Woods," says Mark Tavani, vice-president and executive editor of G.P. Putnam's Sons.

"But in my experience these writers are a small percentage of those I see. As the larger discussion about race and justice engages more people, I can see that changing." THE ASSOCIATED PRESS



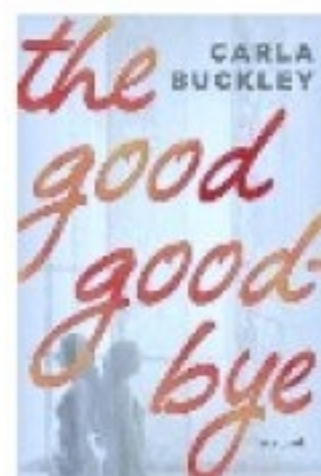
Devil in the Blue Dress author Walter Mosley's latest novel centres around racism and the justice system. RICK MAIMAN/THE ASSOCIATED PRESS

BOOKS ABOUT FAMILIES

When family members come together, the results can be explosive. Here are six new reads about family relationships that pack an emotional punch. TORSTAR NEWS SERVICE

The Good Goodbye

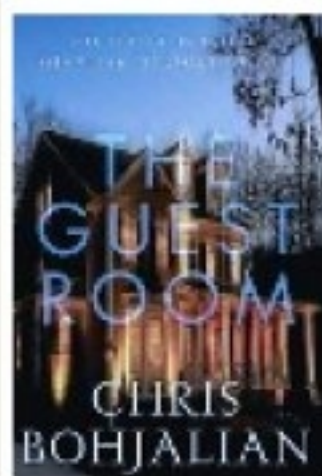
Carla Buckley



The novel begins when Natalie, a Washington restaurateur, learns her daughter, Arden, and niece, Rory, have been hospitalized following a fire in the college town where they live. Another student is dead. As the arson investigation unfolds, Natalie discovers disturbing facts.

The Guest Room

Chris Bohjalian



Richard, a mergers and acquisitions guy, agrees to host his younger brother's bachelor party, complete with two strippers and a couple of Russian bodyguards. At the end of the evening, the Russians are dead and the strippers have fled.

The Three Sisters Bar and Hotel

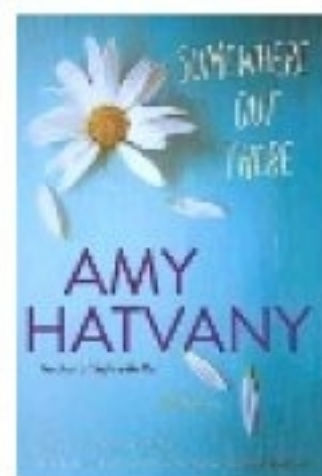
Katherine Govier



The big question at the heart of this sweeping saga concerns the fate of the Hodgsons — an archeologist, his wife and two adult children — who disappear during an expedition at the beginning of the book.

Somewhere Out There

Amy Hatvany

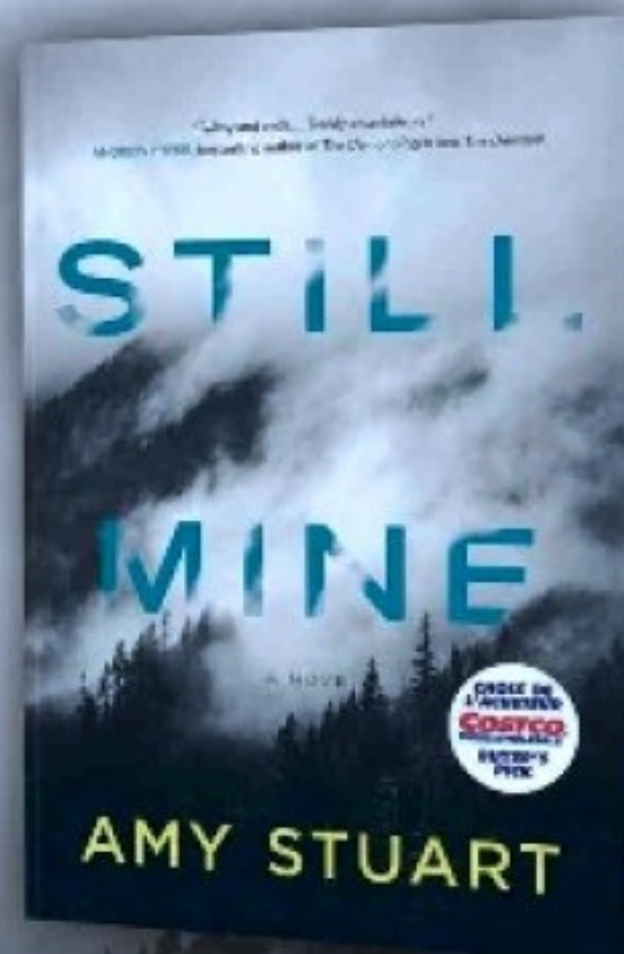


In 1980, Jennifer was living in her car with two small daughters, Natalie, 6 months, and Brooke, 4, and pilfering food to feed them. When she is caught and incarcerated, the children are taken from her. It picks up the lives of the mother and daughters 35 years later.

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Butcher's Hook makes for a gory debut

JANET ELLIS

From sunny kids TV show host to dark gothic novelist

Sue Carter
For Metro Canada



If you grew up in the U.K. during the past five decades, it's likely that you were weaned on the iconic BBC kids program *Blue Peter*. It's also likely that you're familiar with its one-time presenter, Janet Ellis, who has spent her career since the age of 21 in front of the camera.

But now, at 60 years old, Ellis has found a new role as debut novelist with her book *The Butcher's Hook*, published in Canada with House of Anansi Press.

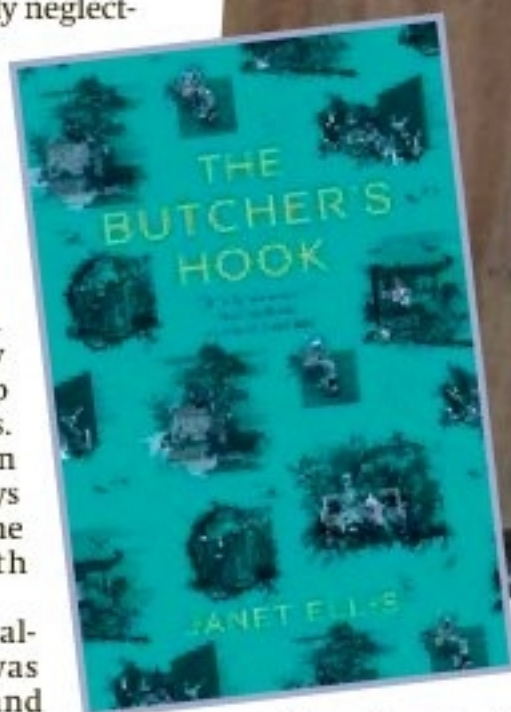
Set in 18th-century Georgian

London, the dark, Gothic tale is not what you'd expect from a former kids' show host, or the lovely, charming woman who interrupts her sunny vacation in Lisbon to take a media call.

The *Butcher's Hook* follows Anne, a clever, unsentimental young woman whose sheltered but emotionally neglectful upbringing has made her ruthlessly independent and calculating. When Anne falls in love with Fub, the butcher's son, she demonstrates, in a particularly bloody and violent way, exactly how far she'll go to get what she desires.

Ellis, who has been writing for years, says that the idea for the novel started with Anne's character.

"All I knew initially was that she was unhappy, lonely, and really shut off from the



world, and that bad things had happened to her," says Ellis, who read contemporary diaries — including her own, from the ages of eight to 16 — to authentically capture the self-occupied inner life of a

teenager.

"There were things happening in the world but I never worried about them," she says. "It was more about going to choir practice and there being a boy who didn't fancy me anymore."

The Georgian era, which

lends the book its dark atmosphere, also allowed Ellis to create a world for Anne in which gender and class divides ruled the day, but without the broader political or social influences that would have dominated, for instance, the

Victorian era.

"I think I had a predilection for the Georgian times. I live in London and you can see it around the places where the Victorians didn't come in and stomp their feet loudly," she says. "Communication was just starting to build up, and most people were still uneducated. Everyone in the book acts like they do despite history, they're not informed about what's happening in the world."

When Ellis's agent first presented *The Butcher's Hook*, it was done so under a pseudonym, out of concern that publishers would be expecting a YA novel or a story as wholesome as *Blue Peter*'s reputation.

Despite the anonymity, the manuscript inspired a small bidding war, which resulted in a two-book deal for Ellis (she is currently at work on a second novel, set during the 1970s.)

"I love everything I've done in the past, but the book is me," she says. "The fact that it was alone in the world on its own for a while is hugely rewarding."

Sue Carter is the editor at Quill & Quire magazine.

I love everything I've done in the past, but the book is me
First-time author and one-time BBC kids program presenter Janet Ellis

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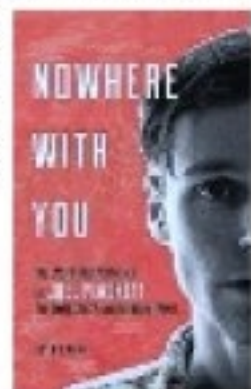
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4 Books that are all about the tunes

Ranging from late '90s CanCon, to tone deafness, to an NPR legend, to Kanye vs. Swift, these four new books are for the music lovers out there. **TORSTAR NEWS SERVICE**

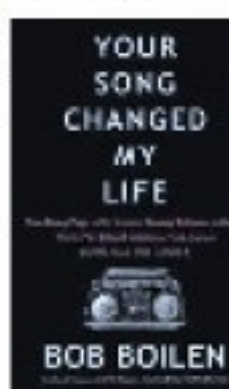
Nowhere With You

Josh O'Kane (ECW, April 1)
Joel Plaskett is a Canadian music legend, and this book, subtitled *The East Coast Anthems of Joel Plaskett, The Emergency and Thrush Hermit*, features original interviews, exclusive photos and a look at the Haligonian's early days as part of the band Thrush Hermit — everything you need to get to know him.



Your Song Changed My Life

Bob Boilen (HarperCollins, April 12)
For music fans, Bob Boilen is a legend — the host of NPR's *All Songs Considered* and *Tiny Desk Concerts*, he's come up with a history of modern music as told by musicians, including Carrie Brownstein, Dave Grohl, Trey Anastasio and Michael Stipe.



Bad Singer

Tim Falconer (Anansi, May 14)
A slightly different type of music title, in this one, subtitled *The Surprising Science of Tone Deafness and How We Hear Music*, journalist Falconer sets out to sing in public. To do so, he must overcome his lifelong affliction of tone-deafness — and that means understanding it. So get ready to take a journey into the theories, then putting them into practice.



Your Favorite Band is Killing Me

Steven Hyden (Back Bay Books, May 17)
How often have you argued for your favourite band and snubbed others that have equally passionate fans? Music writer Steven Hyden is out with this tome that takes a look at some of the greatest music rivalries and what they say about the meaning of life (quirk theory, anyone?).



LAW SUIT

Gawker boss in court over Hogan sex video

Gawker Media founder Nick Denton testified Wednesday that his gossip website decided to post a Hulk Hogan sex video because "it showed Hogan as a person."

Denton was in the courtroom Wednesday afternoon, but attorneys for Hogan played his video testimony recorded in a 2013 deposition. Denton said in the deposition that "it's up to others to determine the boundaries of accepted social, journalistic and legal norms."

Hogan and his attorneys sent Denton a cease and desist order but Denton didn't take down the video post because he said he thought it was newsworthy.

Hogan, whose given name is Terry Bollea, is suing Gawker Media for \$100 million for posting the edited video showing him having sex with his then-best friend's wife. Hogan has said he didn't know he was being filmed when the video was made.

Jurors also heard from Mike Foley, a University of Florida journalism professor. Foley questioned Gawker's decision not to contact Hogan, the woman in the video or the woman's husband when it posted the video.

Foley said in his opinion, the sex video was an example of

“

I know some like to call it viral, but in this case, it was cancer.

Hogan's attorney
David Houston

"undue intrusiveness."

On Wednesday morning, Gawker reporter A.J. Daulerio said that when he received the Hogan sex video in the mail it was "very amusing" and that he thought it was newsworthy.

Gawker says the publication was a legitimate scoop because Hogan is a public figure who had talked openly about his sex life before, in forums such as Howard Stern's radio show.

Hogan's attorney, David Houston, was also called to the stand Wednesday. He described how he sent Gawker a cease and desist letter to take the video down, and then how the video began showing up on other websites.

"I know some like to call it viral, but in this case, it was cancer," he said.

THE ASSOCIATED PRESS

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ZOOM-ZOOM

Playlist: What these authors are listening to

TORSTAR NEWS SERVICE



“When I take a break, even if it’s just 10 or 15 minutes to get a snack or lie on the floor or something, that’s when I listen to music. It becomes part of the routine,” says

memoirist turned thriller writer Iain Reid. His fiction debut, *I’m Thinking of Ending Things*, will be released this summer.

Lee Morgan — *Since I Fell For You*
Metz — *Rats*
Nap Eyes — *Dreaming Solo*
Lay Low — *Little by Little*

Thelonious Monk — *Ruby, My Dear*
Basia Bulat — *From Now On*
The Flamingos — *I Only Have Eyes For You*



Critically acclaimed author Lauren B. Davis (*Our Daily Bread*, *Against a Darkening Sky*) says music helps her “drop down into the gut place where the best writing

comes from. When I’m trying to settle into the page — those first tentative, terrifying steps — I rely on music without words to help me dream with eyes open.”

Ludovico Einaudi — *36 Song Golden Collection*
Olafur Arnalds and Alice Sara Ott — *The Chopin Project*

Ralf Hildenbeutel — *Lucy’s Dream*
Stars of the Lid — *Carte-de-visite*



“Oddly enough, it wasn’t until my sixth or seventh book that I realized how helpful music is,” says USA Today-best-selling author K.A. Tucker. “I normally pick one of these songs, depending on mood of the scene, and put it on repeat. It becomes background noise for me and helps me get the mood right.”



Ed Sheeran — *Kiss Me*
Sia — *Alive*
Ray LaMontagne — *Burn*
Birdy — *Shelter*
Chris Stapleton — *Whiskey*

and You
Halsey — *Haunting*
X Ambassadors — *Unsteady*
Thomas Rhett — *Die a Happy Man*



“I don’t always write to music, but when I do, it’s classical all the way,” says Canadian bestseller and two-time Stephen Leacock Medal for Humour-winner Terry Fallis (*Poles Apart*, *The Best Laid Plans*). His playlist, he says “is a little Baroque-heavy” but not entirely.



Respighi — *Ancient Airs and Dances*
Bach — *Brandenburg Concertos*
Handel — *Water Music*

Holst — *The Planets*
Dvorak — *New World Symphony*
Beethoven — *Sixth and Seventh Symphonies*

THE FIFTH BEATLE

4 ways George Martin impacted pop culture

You may not recognize his name, but you’ll recognize producer George Martin’s sound. The man who brought the world the Beatles revolutionized modern music in more ways than we realize. Martin has died, his management said Wednesday. Here are four contributions from Martin’s 90-year life:

1 The Beatles

He signed John, Paul, George and Ringo in the early 1960s and transformed them into the legendary Fab Four. Their albums became art forms, reaching listeners on all continents and exploring new recording techniques. Their relationship, too, broke new ground: The performers gradually took the upper hand over their producer, composing their own

material in an era when that was rare, while he translated their vision into top-selling hits.

2 Multi-track recording

With the multitude of musical possibilities today, it’s hard to imagine a time when music was recorded on single tracks. Martin used emerging multiple-track technology to experiment with the Beatles, producing a new kind of music that could only be made in a studio. Different sounds and instruments could be layered, each one adjusted and cleaned up, accelerated or reversed. From the two-track *Please Please Me* in 1963 to the eight-track *Hey Jude*, Martin expanded what was expected.

3 Comedy records

Martin helped bring smiles to living rooms around the English-



Paul McCartney, George Harrison, Ringo Starr, George Martin and John Lennon in 1963. GETTY IMAGES

speaking world by pioneering the comedy album in the 1950s, working with Peter Sellers, Spike Milligan and others. He told BBC radio in 1982 that as a young producer at Parlophone, “because we had no American imports, I had to find my own way of making hit records. (Comedy) was my way of getting in between the cracks.”

4 James Bond music

Action films didn’t enjoy chart-topping theme songs until the 1960s. Martin helped produce Shirley Bassey’s *Goldfinger* in 1964 and later scored McCartney’s *Live and Let Die* in 1971. Superstars from Duran Duran to Adele have since followed in their footsteps.

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CANADIAN MADE

True North strong and filmable

This week, the Canadian film and television industries will celebrate outstanding achievements at the Canadian Screen Awards (airing Sunday night on CBC).

Many TV shows shot in Canada, despite their merits, are not eligible. These are the so-called "service" shows, programs made by American networks and studios and shot in cities such as Vancouver (where *Supernatural* and *The Flash* are produced for the CW), Calgary (FX's *Fargo*) and Toronto (FX's *The Strain*).

Toronto is also home to *Man Seeking Woman*, which airs on FXX Canada. The outrageous comedy stars Jay Baruchel as hopeless nerd Josh who has no luck with the ladies. In recent weeks, Josh has been competing with his cool roommate Mike (Eric Andre) for the affections of perky office mate Rosa (Rosa Salazar). It all comes to an explosive head Wednesday on the second season finale.

Born in Ottawa and raised in Montreal, Baruchel is an exception to the rule. He's a Can-

adian starring in an American series shooting in Canada. While *Man Seeking Woman* was created by and is executive produced by an American, Simon Rich, the show boasts a largely Canadian crew as well as many Canadian actors in supporting roles.

"I always beat the drum to hire as many locals as we can but I don't need to tell them that," 33-year-old Baruchel says speaking with reporters at the TV networks' press tour in Pasadena, Calif., in January. "they know."

Besides the great crews and low Canadian dollar, Rich, 31, says there are two other important reasons to shoot his show in Toronto.

"From a casting perspective," he says, "you can find a lot of talented people but also it's very important that there are so many ethnicities represented in Toronto," he says. "You can actually cast a wide net, and it looks like the real world."

The second thing, says Rich, is "we're excited by the esthetic of the city." THE CANADIAN PRESS



JOHANNA SCHNELLER **WHAT I'M WATCHING**

Bad blood comes between family

THE SHOW: *Bloodline*, Season 1, Episode 8 (Netflix)
THE MOMENT: The phone number

Two brothers drink in a bar in the Florida Keys, where they grew up, and still live. Responsible brother John (Kyle Chandler, always so natural) once betrayed ne'er-do-well Danny (Australian star Ben Mendelsohn), but they're reconciling. Or so we think.

John, dead drunk, checks out a hot blonde. "How many years have you been f---ing the same woman now?" Danny asks — genially, but with a knife-edge in it.

"That's not funny," John replies. Beat. "17." They laugh.

Slowly, subtly, Danny poisons the evening. Did John know that Danny and John's wife once "had a moment?" Is John jealous of how easily Danny picks up women?

As John watches, Danny approaches the blonde, gets her number. Then he comes back — and slips it into John's pocket. "You never know when you're going to need it," he purrs.



Ben Mendelsohn plays a self-destructive sibling in *Bloodline*, one willing to drag family members down with him. CONTRIBUTED

Oooooohhh. In just a few episodes, Mendelsohn, the best actor you may not have heard of, has made Danny into a TV anti-hero right up there with Tony Soprano and Walter White. He's the cat and we're the canary. One minute, he'll show us why he is the way he is, and get us to

empathize with him. The next he'll pounce, grin full of feathers.

The other Rayburn siblings — Kevin (Broadway staple Norbert Leo Butz) and Meg (Linda Cardellini) — are equally fantastic. Together they elevate every scene until, like sunburn, it both sizzles and chills.

Gators may lurk in this paradise, but *Bloodline* proves there's nothing more dangerous than a volatile family member.

Johanna Schneller is a media connoisseur who zeroes in on pop-culture moments. She appears Monday through Thursday.

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Second Wachowski sibling comes out as transgender

VISIBILITY

Sense8 filmmaker thanks wife for her support

Four years after Matrix filmmaker Lana Wachowski revealed she was transgender, her sibling and filmmaking partner, formerly known as Andy Wachowski, has also come out as transgender, and her name is Lilly, according to a statement posted Tuesday on the websites of the Windy City Times and advocacy group GLAAD.

In her statement, the Chicago-born director — known for the richly constructed worlds of the Matrix series, V for Vendetta and Cloud Atlas — said she had already come out to family, friends and colleagues.

Lilly Wachowski, 48, has been married to Alicia Blasingame since 1991 and thanked her for her love and support.

"Everyone is cool with it," Wachowski wrote. "Yes, thanks



The Matrix filmmaker Lilly Wachowski came out as transgender in a statement to Chicago's Windy City Times on Tuesday. LILLY WACHOWSKI VIA TWITTER

to my fabulous sister they've done it before, but also because they're fantastic people."

Lana Wachowski, 50, came out in 2012 and received the Human Rights Campaign's Visibility Award that year.

"GLAAD is thrilled that Lilly Wachowski is able to be her true and authentic self today," wrote Nick Adams, GLAAD's Director of Programs for Transgender Media.

Representatives for the Wa-

chowskis did not immediately respond to requests for comment from The Associated Press.

The Wachowskis' Netflix series Sense8 is currently in production for its second season.

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Hitman tries episodic release of new game

INTERACTIVE

Publisher says he wants to bring gamers on journey

The creators of Hitman are pulling the trigger on an unorthodox way of releasing their espionage saga that could reshape how the interactive industry approaches video game launches.

Hitman publisher Square Enix and developer IO Interactive are unloading the latest installment of their assassination simulator episodically instead of all at once. It's a bold departure from past

Agent 47 undertakings and other triple-A titles.

Nowadays, most games are released in their entirety online or on a disc for about \$60, and later supplemented with updates and other downloadable content after launch. However, IO Interactive is treating the latest Hitman more like a TV show than a game.

"When we're making games, why should we force the people who want to be with us on this journey to wait until the end?" said IO Interactive studio head Hans Seifert during the recent D.I.C.E. Summit in Las Vegas.

For the past 15 years, the Hitman series has depicted the clandestine, globe-trotting missions

of assassin-for-hire Agent 47 in 7 games, a pair of films and a mobile title. The first episode of the latest game — simply titled Hitman — will be released Friday.

The revelation last year that Hitman would be dispersed throughout 2016 in episodes set in such locales as Italy, Morocco, Thailand and Japan didn't initially hit the mark with many fans conditioned to play a Hitman game in full.

Seifert said the move to releasing Hitman in seven chapters means gamers won't be forced to pay \$60 up front for Hitman. Instead, they can opt to pay \$10 per episode. For those who want everything, they can buy all of

THE ASSOCIATED PRESS



The move to release Hitman in seven chapters means gamers can opt to pay \$10 per episode.

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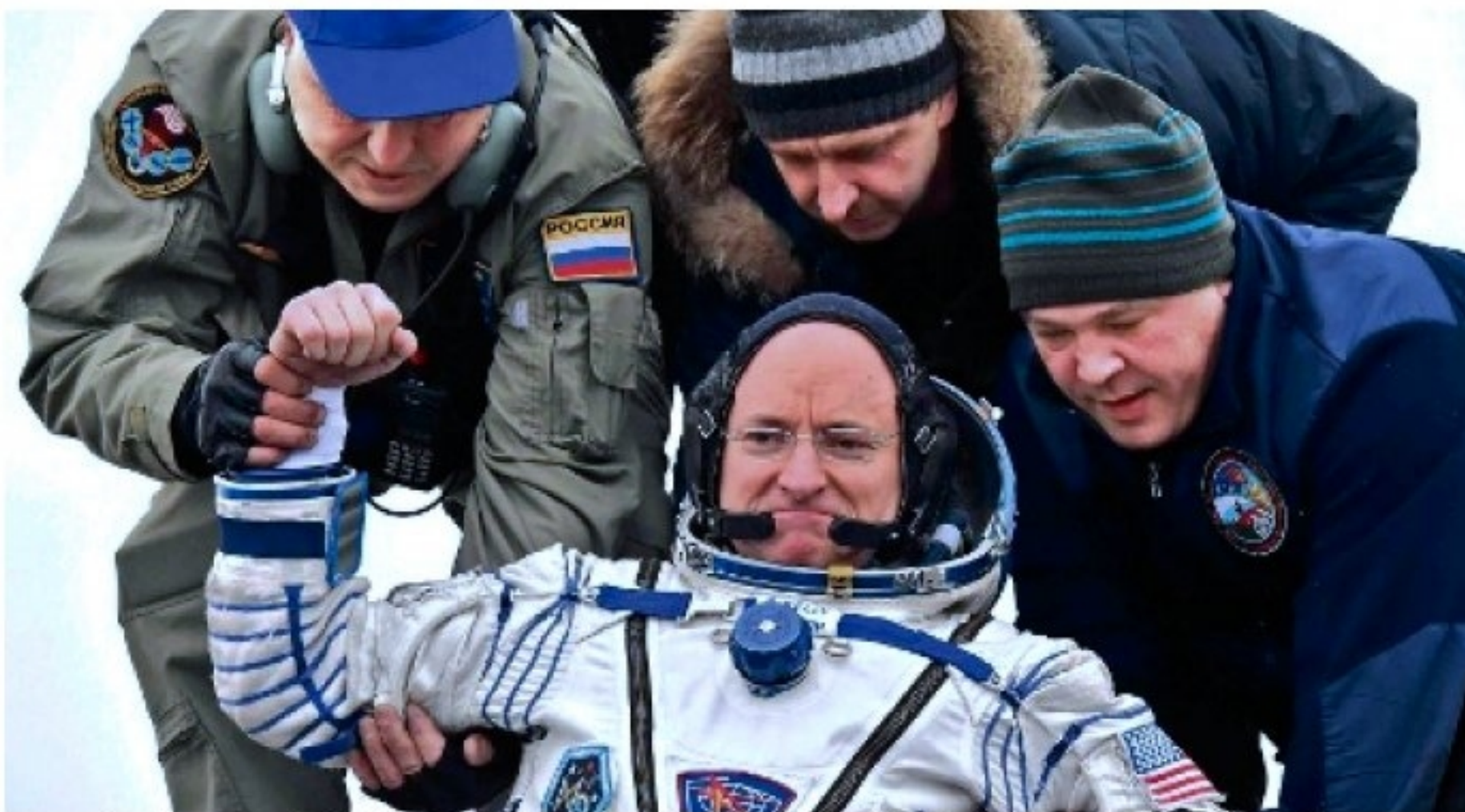
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Studying the physical toll of space travel



International Space Station (ISS) crew member Scott Kelly of the U.S. gets help after landing near a town in Kazakhstan on March 2. Kelly spent 340 days on the International Space Station. Researchers at Simon Fraser University in B.C. are monitoring 20 test subjects who will spend the next two months completely bedridden to mimic the effects of space flight. GETTY IMAGES

SCIENCE

B.C. researcher looks at effects of long-term weightlessness



Thandi Fletcher
Metro | Vancouver

A Simon Fraser University researcher is taking an upside-down approach to better understand the impact of long-term space flight on the human body.

Andrew Blaber, who teaches kinesiology, and his team will monitor 20 test subjects who will spend the next two months completely bedridden with their heads below their feet at a slightly inverted, six-degree angle — a state meant to mimic the effects of space flight.

The participants will carry out all their daily activities in bed, from reading and eating to washroom breaks and showering, while scientists study their

physiology to determine how space flight affects astronauts on their return to Earth.

"It's a lot to ask, but it is a shorter period than Scott Kelly spent in weightless conditions," Blaber told Metro, referring to the NASA astronaut who just returned to Earth after 340 days on the International Space Station.

"At the end of the study, we should see all the same symptoms we'll see with astronauts. They'll have a hard time standing up and they'll have posture problems."

Blaber will be studying the link between the cardiovascular system and the system in charge of controlling the body's posture, with the goal of helping astronauts become better prepared for spending extended periods in outer space.

When people are weightless, Blaber said the link between the cardiovascular system and posture system appears to fail and the two "drift apart."

His team will be studying how the link is affected by space flight, as well as how the body

“They’ll have a hard time standing up and they’ll have posture problems.”

Researcher Andrew Blaber on the expected physical symptoms participants in the study will experience

recovers once astronauts return to earth.

"We can use that to develop exercises that the astronauts can do on the space stations to try to minimize that effect," he said.

"We can also design an exercise they can do to prepare them for coming back and to improve the rehabilitation process."

The research will benefit more than just astronauts.

For patients who are bedridden for long periods of time, Blaber said the research may offer exercises that can help them in their recovery.

Many of the physiological changes astronauts experience in space are similar to the aging process, he said.

"It'll give us new clues on what's happening in the aging process," he said.

"We can then come up with exercises that we can recommend people do to improve their active health for a longer period of time."

The study is scheduled to begin in September and will take place in a specialized facility in France.

Blaber is carrying out his research with a grant from the Canadian Space Agency.

Researchers at the University of Ottawa are also studying the test subjects to learn more about how muscles respond to long periods of little to no activity, like when they don't have gravity to fight against.

Meanwhile, University of B.C. psychology professor Peter Suedfeld is studying the psychological impact of isolation on astronauts and others living or working in remote locations.

WITH FILES FROM THE CANADIAN PRESS

+ HEALTH BRIEF

First U.S. uterus transplant fails, reports clinic

The United States first uterus transplant has failed, the Cleveland Clinic announced Wednesday, saying doctors had removed the organ.

A 26-year-old woman received the transplant on Feb. 24 and seemed to be doing well. But the woman suffered a sudden complication that required surgical removal of the uterus the following day,

the hospital said. The patient, identified only as Lindsey, is recovering from that operation, as doctors and pathologists try to determine what went wrong.

Other countries have tried

womb transplants, and have reported some failures. Sweden reported the first successful birth in 2014, with a total of five healthy babies from nine transplants so far.

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Louis Vuitton's 2016-2017 fall/winter ready-to-wear collection seemed inspired by '90s motorbike jackets.

ALL PHOTOS GETTY IMAGES

Louis Vuitton show cuts a strong shape in Paris

FASHION

The stars were on hand for the latest runway collection

Still basking in the media spotlight since her acclaimed performance in *The Danish Girl*, all eyes were on Oscar winner Alicia Vikander at Louis Vuitton's star-filled show Wednesday.

Vikander wowed the fashion media at Vuitton on Wednesday morning in a pared down, geometric Nicolas Ghesquiere look that proved that less is more.

With natural makeup and a sleek blowout, the 27-year-old Swedish actress rocked a navy statement coat with cream bands and cropped pants.

The look's geometry perfectly mirrored the Louis Vuitton Foundation backdrop as she posed for photos — with its figurative angular glass, wood and metal architecture, designed

by architect Frank Gehry.

Joining her in the front row was fellow Oscar winner Jennifer Connelly and Selena Gomez (pictured right). Ghesquiere produced one of his most accomplished Vuitton collections to date Wednesday with 52 creative looks brimming with colour and energy.

Alongside the giant reflective disco-ball column decor, a model with huge '80s hair opened the show with a fresh silhouette that recurred throughout: a strong-shouldered coat truncated under the bust in bolero style.

It cut a great shape, and led on to some very creative explorations of form like corset styles with large exaggerated curves.

Ghesquiere is a sports fan. Here, the signature sportswear styles were subtly evoked on



looks that seemed inspired by '90s motorbike jackets.

Flashes of red, white and blue stripes graced sheeny tight-fitting leather jackets.

And in one of the more interesting looks — the normally-harsh biking stripes appeared as a contradiction on a fluffy woolen sweater that called out to be hugged.

This varied collection will broaden the house's appeal from the overly young looks that characterized the French designer's debut.

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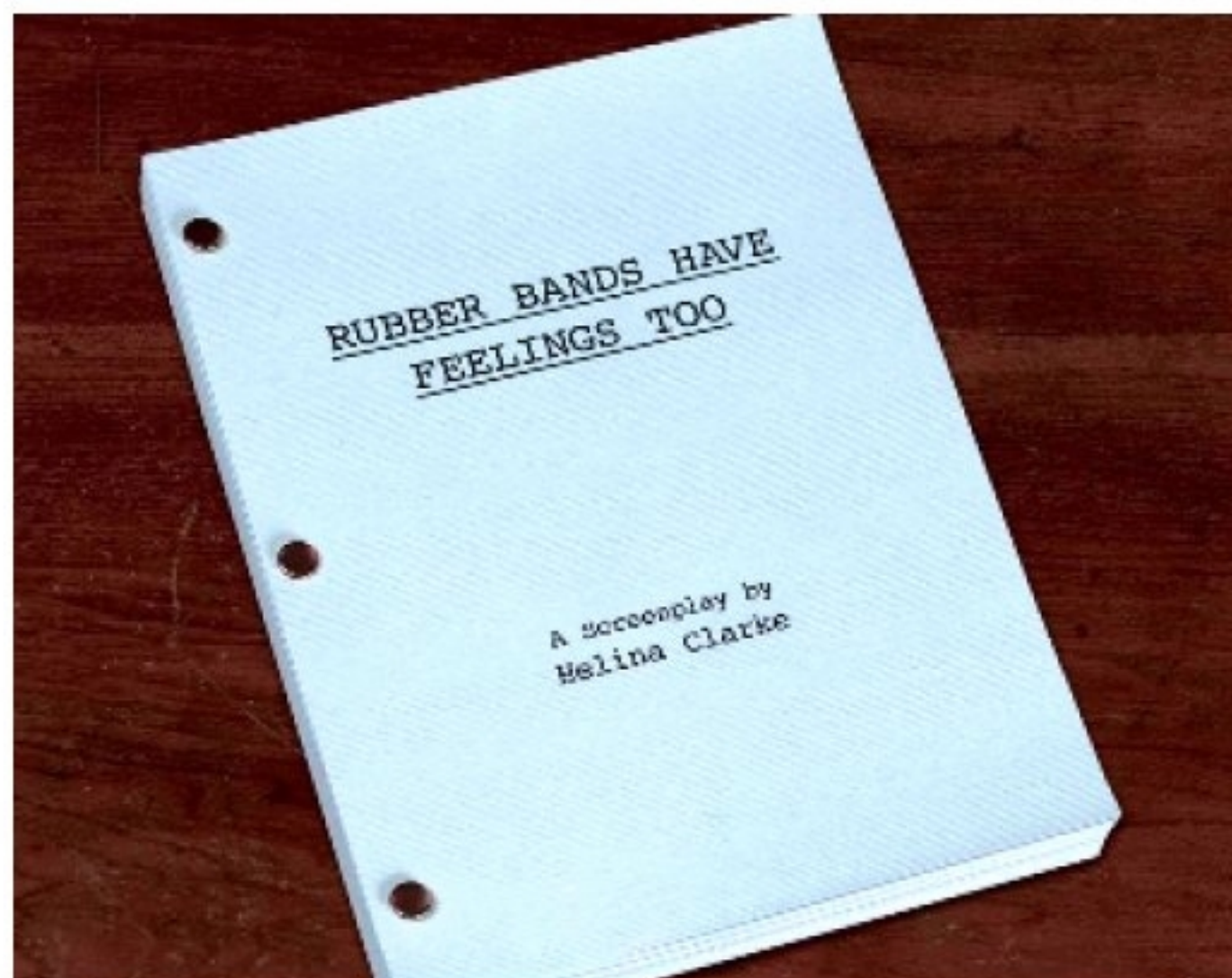


STYLE

Flashy Mui Mui transforms the ordinary

Hip hop star A\$AP Rocky joined actress Chloe Sevigny on the Miu Miu front row Wednesday. This season, Miuccia Prada's ever-thought-provoking show took ordinary items — like denim jeans, jodhpurs or boho print — and transformed them into historical styles. Prada saw that a long tweed jacket sported a 1900s Empire Line — thanks to a contemporary red and white faux-fur belt. Only a design master like the 66-year-old Italian could pull something like this off, and with panache.

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Project overview

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Housing amenities

The amenities were built to encourage a sense of community and healthy living with rooftop patios, a courtyard and a fitness centre, which are shared multi-use spaces that are open and connected to the outdoors. The landscaped courtyard brings nature to the space while a glass walkway connects the two buildings.

Location and transit

This home is conveniently located within walking distance of Calgary's inner city, yet quietly removed by a buffer of matured trees and a wind-blown grassy river bank. This unique combination of urban and small town feel can be experienced by those living in Bridgeland. For commuters, the C-Train is readily accessible.

In the neighbourhood

Bridgeland is a great inner-city community with its proximity to downtown, shops and restaurants, independent merchants like Bridgeland Market and Luke's Drug Mart. A friendly neighbourhood with an eclectic vibe, its surrounded by beautiful natural landscape.

KRISTA SYLVESTER/FOR METRO

+ NEED TO KNOW

What: Victory and Venture in Bridgeland
Builder: The Providence Group
Architect: Casola Koppe
Interiors: Evolique Design
Location: Bridgeland, Edmonton Trail and 4 Ave N.E.
Building: V&V is a two-building, four-storey wood frame development

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INDIVIDUALITY

You already know one of the Pantone custom-colour owners ...

Barbie has her own colour (pink). So does Tiffany (blue), but rare is the individual who cares deeply enough about a shade to have one custom made.

At the Pantone Color Institute, the privilege doesn't come cheap. It can cost tens of thousands of dollars for the company to come up with just the right one. So why would an actual person, rather than a business, even bother? Only two, at least in the Pantone client books, actually have.

Jay Z was the first, back in 2007. He introduced his Jay Z pearly blue — mixed with plat-

inum dust — on a limited edition GM Yukon Denali later that year in Detroit. The head of a marketing firm he was working with brought along a piece of the hip hop mogul's motorcycle as a guide when meeting with Pantone.

Blue (daughter Blue Ivy, blue jewels, blue jackets, the Blueprint albums) had been a favourite, but his Pantone colour code name is confidential, said Laurie Pressman, a Pantone vice-president.

Who else has the colourhonour with Jay Z? Her name is Sherry Chris, president and chief executive of a New



Jay Z and Sherry Chris are the only two people who have their own Pantone custom colour. THE ASSOCIATED PRESS FILE

Jersey real estate firm, Better Homes and Gardens Real Estate. She used a scarf at Pantone for her bright pink in 2011 and Chris



couldn't be prouder of her colour card: SC2011.

So what do they get besides a card and a code? They get for-

mulas. How many and for what uses depends on what they want to do. Consistency over different fabrications, from paper stock for stationery to fabrics for fashion to paint to metal, is key.

"Both of them were very clear on what they wanted in their signature shades," Pressman said. "When somebody comes with a very clear idea of what they're looking for, that shade definitely has meaning for them."

Pantone has a vast colour wheel, but you can forget finding "Jay Z Blue" or SC2011 in any swatch or Pantone colour guide available for public consumption.

"Some people are really strict about that to the point where we're not even allowed to share that we work with them on the development of that colour," she said.

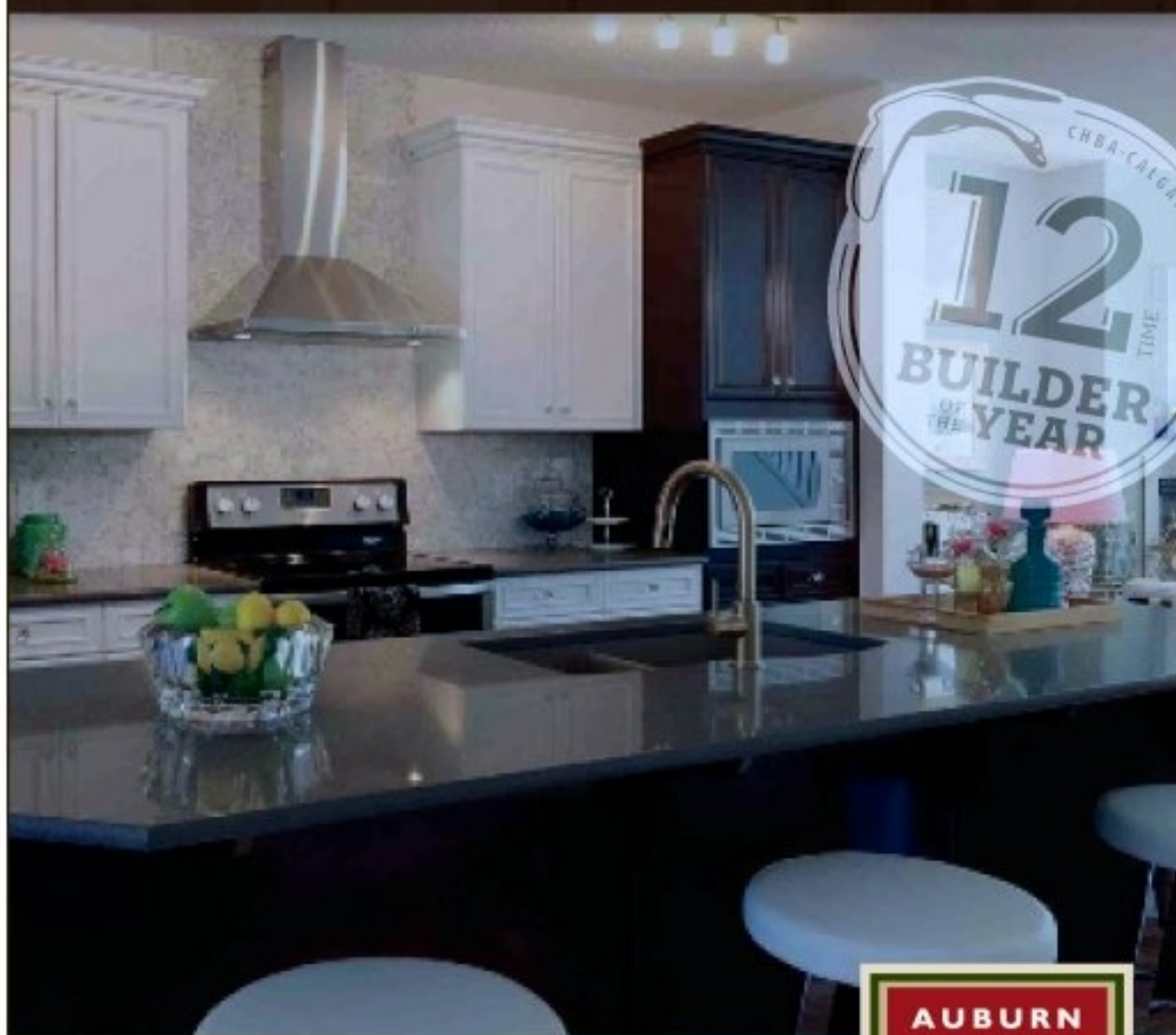
But Pressman has plenty of ways to describe Jay's blue, a combination of sky and cobalt.

"I would describe that shade as a mesmerizing blue. There's a pearlescent quality to that blue. There's a magnetic quality to that blue. It's a happy blue. It's an optimistic blue," she said. "It was pretty smooth sailing with Jay Z."

THE ASSOCIATED PRESS

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Fun abounds in springtime collections, like Joy' Cho's latest collection for Target. HANDOUT

RENEWAL

Pastels, hot pink and bright white trending

For some people, spring cleaning entails not much more than a good shake of the carpets. For others, it's an excuse to update their decor.

Here's a sampling of this season's new palettes, patterns and styles:

Colours

Neither boring nor drab, new neutrals are about bringing home a sense of calm and comfort. Some pastels are chalkier, like sorbet that's been given a whisk of cream. Then there are the organic hues of earth, sky and water.

We see neutrals most often in minimalist decor, like an unglazed, branch-shaped pitcher at CB2 the colour of a stormy sea, or Ikea's trim Mostorp media unit in a soft, rosy hue. Even Le Creuset is offering its signature cast ironware in pale pink and lemon.

Los Angeles designer Joy Cho's new collection at Target is filled with fun, frothy pieces like an acrylic side table covered in polka dots, animal figurines in little party hats, and printed throw pillows and wall art saying, "You're okay." Warm neutrals — peach, blush, putty, mint and charcoal — contribute to the airy, feel-good vibe.

West Elm has partnered with Roar + Rabbit design studio on a home collection that includes a sexy, midcentury-modern swivel chair dressed in shades called lichen, nickel or dusky blush velvet.

The energy shifts with several bold hues that ride the

current retro wave. Turquoise, acid yellow, emerald, pink and red are showing up, mostly in accessories and textiles.

Kirstin Hoffman, merchandising director for online decor retailer Dot & Bo, says hot pinks are trending: "Whether they're incorporated in an accent chair or a planter, the look instantly adds energy to a room."

A range of new baking items and dish towels at Crate & Barrel come in a yellow as cheery as a sunny-side-up egg.

And you'll be seeing lots of lush, green, tropical motifs for spring and summer. Beautiful blues — sapphire, navy and a variety of turquoises, teals and pale blues — are strong players on the spring palette. Wisteria has a settee in a rich jewel tone, while Ikea's got new loveseat covers in deep and delicate blues. Boston Interiors' Conrad chair is upholstered in a watercolour-blue abstract, while Farrow & Ball has added some lush hues, including Vardo, a teal, and Inchyra Blue, a dramatic blue-grey.

White — which Benjamin Moore named colour of the year — is also trending. The timing's perfect, says Kimberly Winthrop of Laurel & Wolf: "Bright white is spring cleaning in its truest sense. There'll be a lot of focus this year on incorporating whites with natural elements and textures into one's space."

Consider painting an existing piece of furniture, bringing in side tables or lighting, or changing window coverings to white.

On the surface

Surfaces are the focus in distressed rugs, textured throw pillows, and relief-patterned and pin-tucked textiles and wall coverings.

Printed, dyed velvets with

flora or fauna-inspired patterns are luxe and painterly; Kevin O'Brien and Beacon Hill have collections.

Some furniture designs play with layers and lines. West Elm has a mirror named Tree Ring that fuses mirrored glass with a slice of Vietnamese hardwood. An Indian pouf at the retailer is crafted from chunks of jute and cotton like a 3-D rag rug.

Cork has popped up in lots of new decor. Accessories in particular lend themselves to the sustainable material's pleasant feel, but it's in furniture now, too. Ikea's new Sinnerlig collection from London designer Ilse Crawford includes stools and benches with cork seats, as well as coffee and dining tables. Cork lampshades at AllModern and Luxe Decor throw a warm light. And check out 1stDibs, Chairish and eBay for '70s-era vintage cork table lamps.

Metallics aren't going away, says Chicago interior designer Mikel Welch. But warmer versions are overtaking the chillier chromes and silvers.

"This spring, we'll begin to see a twist added," he says.

Mod and modern

On the heels of the midcentury revival, some retailers are banking on the 1980s Italian postmodernist style known as Memphis to be the next big thing. Characterized by bold geometric designs and often clashing colours, it's not for the faint of heart.

Musician Lenny Kravitz has collaborated with CB2 on a furniture collection inspired by '70s-era New York club culture and the California music scene. A white lacquered media cabinet with brushed steel doors and a round, walnut-topped, white coffee table with concealed storage are standout pieces. THE ASSOCIATED PRESS

INTERIORS

Four on-trend designs

1 Eclectic textiles

Textiles with pronounced and interesting textures are in the spotlight for spring 2016. Beacon Hill's new Abstract Velvets collection plays with animal prints and floral motifs, in rich jewelled hues.

2 Impressionist florals

This comfortable chair upholstered in an Impressionist water-colour blue print by Boston Interiors hits all the style points for spring 2016.

3 Finding Joy

Designer Joy Cho has partnered with Target on a lighthearted collection of decor and bedding for home and nursery. Her colour palette, a frothy mix of on-trend sophisticated pastels, works well on interesting pieces like this acrylic waterfall table scattered with contemporary dots.

4 Tie one on

Shibori-style tie dyed textiles, like this Blue Slanted tie-dye pillow from Dot & Bo, are trending this spring as global design, and a strong trend toward blue, merge.



REAL ESTATE

What's hot on the market



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1 NOW SELLING

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2 PRE-SELLING

The XII by XII GP Inc: The XII has 14 stories, floor-to-ceiling windows, high-speed elevator with smart individual control, state-of-the-art automated parking system with minimum two stalls per unit, full-time concierge, and is located in the heart of Mission.

VISIT THEXII.CA FOR MORE INFORMATION.

3 PRE-SELLING

Verve by Fram and Slokker: Located in the revitalized Downtown East Village, this stylish development revolves around contemporary architecture, fresh design and its highly-sought location. With 25 floors and 192 units, this project will be underway soon.

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Chalet
IN COPPERFIELD

Hopewell

U.S. 'keeper Hope Solo voiced concerns about subpar field conditions for the final of the SheBelieves Cup against Germany in Boca Raton, Fla.

Ontario keeps it in house

BRIER

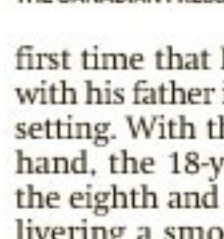
Howard rink icing pair of father-son combos

It was a family affair at the Tim Hortons Brier on Wednesday.

Ontario alternate Joey Hart made his national men's curling championship debut in a 9-4 win over Prince Edward Island's Adam Casey. The TD Place crowd let out a big cheer when



Hart left the bench area to join his father, Richard Hart, and teammates Glenn Howard and Scott Howard on the ice. "There's nothing like it," a grinning Joey Hart said after the game. "To play in a Brier is one thing, to get to play with your dad is pretty cool."



It was the first time that Hart had curled with his father in a competitive setting. With the game well in hand, the 18-year-old opened the eighth and final end by delivering a smooth throw that caught a touch of the button.

Joey said his dad weighed in with some advice before he stepped into the hack.

"Don't hog it." And then after-



Scott Howard, left, Glenn Howard and Team Ontario carry a 4-5 record into their Draw 14 matchup against Saskatchewan on Thursday morning. ADRIAN WYLD/THE CANADIAN PRESS

wards he said when I was sweeping. "Don't burn it," Joey said, referring to a pair of violations he managed to avoid. "That's all you've got to do. Then just smile pretty for the photos."

Second Adam Spencer, who is filling in for vice-skip Wayne

Middaugh while he recovers from a broken leg, took a break so Hart could make his debut.

It was the first time in Brier history that two father-son duos were in the same on-ice lineup, a Curling Canada spokesman said.

"That was the fastest my heart

was racing the whole (week) was filling that form out to get Joey in the game and then watching him throw those first two rocks," Middaugh said. "That's fantastic and to me, that's the type of thing that Brier memories are made of."



To have a chance to play with my son is surreal and then to bring out Joey to play with Rich — the father-son act — it was pretty special.

Glenn Howard

"And for Rich, that's the treat of a lifetime."

The Ontario team's playoff chances took a hit later in the day when Howard dropped a 6-4 decision to Northern Ontario's Brad Jacobs. Howard fell to 4-5 and will need to win his last two round-robin games and hope it's enough to get into a possible tiebreaker game.

Jacobs, the lone unbeaten skip at 8-0, walloped Jamie Koe of the Northwest Territories 9-2 in the evening to lock up a playoff spot.

Brad Gushue of Newfoundland and Labrador beat Canada's Pat Simmons 7-3 in the morning before topping Quebec's Jean-Michel Menard 7-6. Simmons split his games while Alberta's Kevin Koe and Manitoba's Mike McEwen won two games apiece to improve their playoff chances.

After 13 draws, Gushue was alone in second place at 7-1. McEwen was third at 6-2 and Koe was fourth at 6-3.

Simmons was fifth at 5-4 while Howard and Saskatchewan's Steve Laycock shared sixth place at 4-5.

THE CANADIAN PRESS

IN BRIEF

NHL ends Kane probe

The NHL has closed its investigation into Patrick Kane, saying a sexual assault allegation made against the star Chicago Blackhawks forward last year was unfounded.

Kane was investigated by police last year following an alleged rape at his home near Buffalo, N.Y., but prosecutors in November declined to file charges because of a lack of credible evidence.

THE CANADIAN PRESS

Coyotes blue-liner banned 20 games for PED use

Arizona Coyotes defenceman Jarred Tinordi has been suspended 20 games without pay for violating the terms of the NHL and NHL Players' Association joint performance enhancing substances program.

Tinordi was acquired by the Coyotes in January in a trade that sent enforcer John Scott to Montreal.

THE CANADIAN PRESS

Harvey moves up in Ski Tour Canada rankings

Norway's Martin Johnsrud Sundby won the Ski Tour Canada's 30-kilometre skiathlon Wednesday at the Canmore Nordic Centre, while Canada's Alex Harvey was seventh and regained an overall ranking of fourth on the tour.

The skiathlon was the sixth of eight races in the tour which concludes the 2015-16 World Cup season.

THE CANADIAN PRESS

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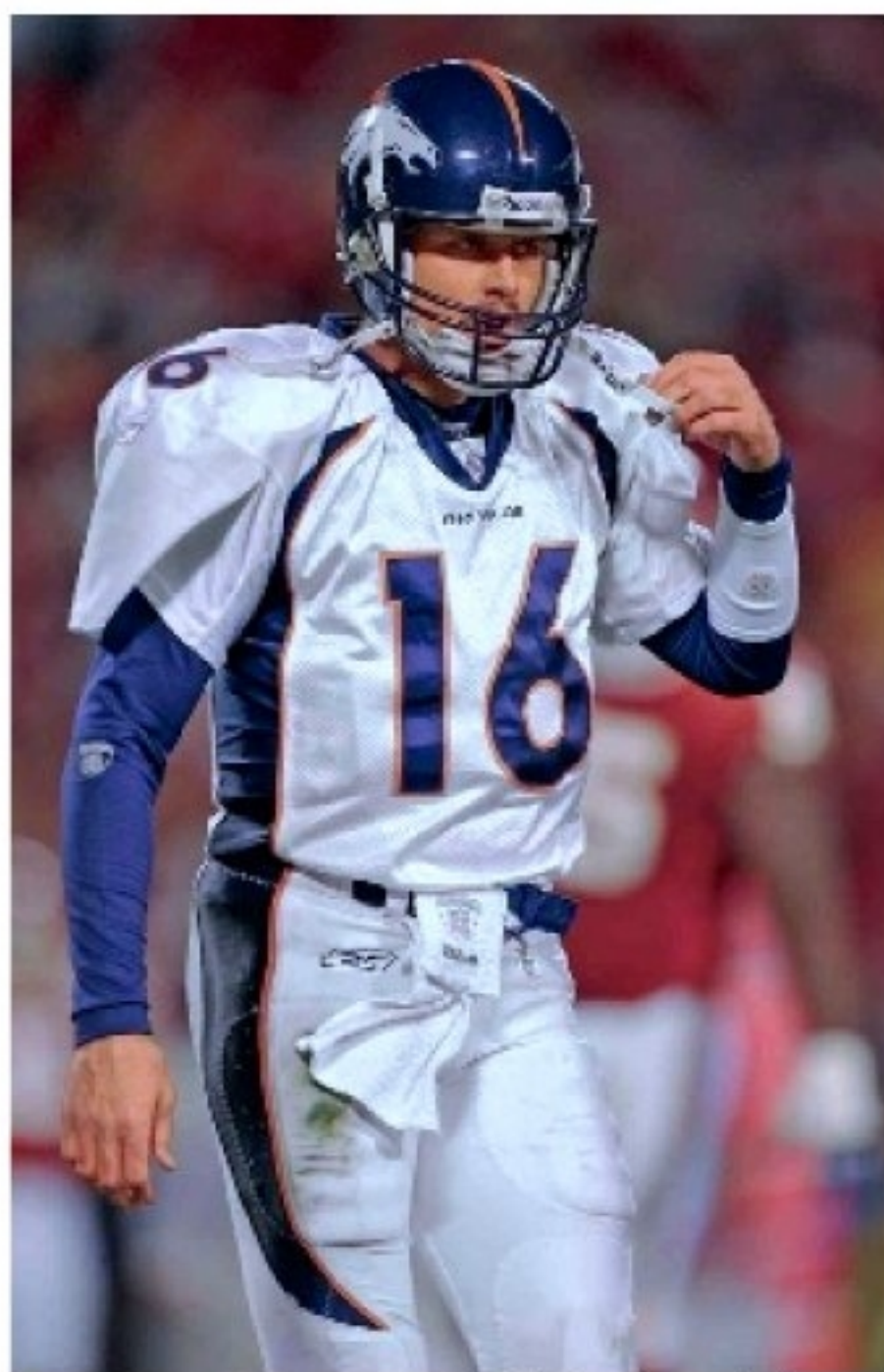
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Former Denver Broncos quarterback Jake Plummer is in favour of CBD treatment for concussion. BRIAN BAHR/GETTY IMAGES

High praise for hemp concussion treatment

NFL

Former player Plummer says league needs to introduce CBD

Former Chicago Bears quarterback Jim McMahon calls himself "old-school," including his use of marijuana both during and after his career.

Yet McMahon's stab at self-medication could be ahead of its time. Researchers at Johns Hopkins plan to test whether a compound found in hemp — and its notorious cousin, cannabis — proves as effective in treating brain injuries as testimonials claim.

Some former players believe cannabidiol, or CBD, could help millions who suffer brain injuries each year, including chronic traumatic encephalopathy, a degenerative disease caused by repeated concussions and found in many former NFL players whose brains have

been autopsied. "I don't think any of us regret what we did," said Jake Plummer, who played 10 seasons before retiring in 2007. "But there's no question it comes at a real cost."

Along with a handful of other retired players, Plummer felt strongly enough about the benefits of using CBD to appear in a public-service campaign titled "When the Bright Lights Fade." It was sponsored by Realm of Caring, a non-profit research organization and CW Botanicals, a dietary supplements company specializing in hemp products. It was released Wednesday as part of National Brain Injury Awareness month with the goal of raising \$100,000 to begin the Johns Hopkins study.

"I've had friends, guys I played alongside, whose mood changed from night to day. I know others who have replaced

hellacious amounts of painkillers with CBD ... and I hope this gets even more guys involved," Plummer said. "The bigger the number, the better chance we have to get in front of (NFL commissioner) Roger Goodell and say, 'You need to fund this.' Not just for football players, but for the millions of others it could help."

Because of a lack of research and varying federal and state regulations, the science and the law on CBD are far from settled. Major medical organizations have not supported marijuana to treat concussions, but many also say what the U.S. government patent on cannabinoids, including CBD, states: They act as "neuroprotectants" and have shown to be effective at limiting damage in cases of stroke or trauma and to treat degenerative diseases.

Versions of the CBD compound are available in some stores and online in creams, pills and oils. Some claim to be rich in CBD, with little or no THC (tetrahydrocannabinol), the psychoactive agent that produces a "high." At least one manufacturer says its CBD product won't trip a positive NFL drug test. According to the Food and Drug Administration, none are approved for the "diagnosis, cure, mitigation, treatment, or prevention of any disease."

But in the last three years, encouraged by a CNN documentary on medical marijuana, thousands of parents whose children's diagnoses range from autism to epilepsy mounted a Facebook campaign to sing its praises.

They were soon joined by adults suffering from cancer or Parkinson's disease. Many reported better pain management, impactful mood changes and significant decreases in seizures. Some families even relocated to Colorado to use CBD legally.

THE ASSOCIATED PRESS

TENNIS

Meldonium 'is not doping': Inventor

Meldonium doesn't enhance the performance of athletes, the Latvian scientist who invented the drug at the centre of Maria Sharapova's doping case said.

Ivars Kalvins said that the drug "is not doping," but added it does protect athletes against heart damage during extreme physical exercise.

If the heart is working very hard, the drug "protects the heart cells ... against ischemia," a blood circulation



Maria Sharapova GETTY IMAGES

condition, Kalvins said. "This is not the same as increase of performance." THE ASSOCIATED PRESS

IN BRIEF

PSG knock out Chelsea

Zlatan Ibrahimovic demonstrated his enduring attacking threat Wednesday by steering Paris Saint-Germain into the Champions League quarterfinals with a goal and an assist in a 2-1 victory at Chelsea.

By replicating the first-leg triumph in the French capital last month, PSG eliminated Chelsea for the second successive season in the round of 16 but it is far more damaging for the London club this time.

THE ASSOCIATED PRESS

Brazilian minister plays down Olympic protest fears

Brazil's Defence Minister Aldo Rebelo has played down the risks of protests during the Olympic Games, despite the country's economy and political crisis and a growing scandal at state-run oil giant Petrobras.

Rebelo said Wednesday that the expected 85,000 security agents and armed forces members will be enough to guarantee safety during the games in Rio de Janeiro from Aug. 5-21.

THE ASSOCIATED PRESS

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4.	160 Acres - 5;1;21;18;NW
5.	156 Acres - 5;1;21;18;SE
6.	160 Acres - 5;1;21;17;NW
7.	160 Acres - 5;1;21;17;NE
8.	155.70 Acres - 5;1;21;7;NE
9.	128.69 Acres - 5;1;21;7;NW
10.	155.50 Acres - 5;1;21;7;SE
11.	160 Acres - 5;1;21;7;SW
12.	157.79 Acres - 5;2;21;1;SE
13.	148.82 Acres - 5;1;20;31;NE

Anyone interested in submitting an offer to purchase any or all of the lands described above should contact Lexy R. Wong as set out below to obtain an offer package which will contain additional information about the lands and the terms and conditions which the Estate may consider when reviewing the offers.

All offers shall be submitted in writing in the form provided in the offer package and delivered no later than 12:00 p.m. MST (noon) on April 18, 2016 to the following:

Lexy R. Wong, Bennett Jones LLP Calgary
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Crossword



+ OMG: IKEA'S BILLIONAIRE FOUNDER A FAN OF FLEA MARKETS

Frugal billionaire Ingvar Kamprad, founder of Ikea, buys his clothes at flea markets to save money, he said in a documentary to be broadcast Wednesday on Swedish television.

Kamprad, who turns 90 on March 30, has a reputation for penny-pinching, which he claims helped Ikea to become one of the world's top brand names.

"I don't think I'm wearing anything that wasn't bought at a flea market. It means that I want to set a good example," he told Swedish channel TV4, according

to business daily Dagens Industri which viewed the documentary.

"It's in the nature of Smaland to be thrifty," he said, referring to Sweden's southern agricultural region where he comes from.

Kamprad is estimated to have an accumulated fortune of about 610 billion kronor (about 65.5 billion euros, \$96.6 billion CAD), according to recent Swedish media reports. But it is difficult to separate what belongs to him, what belongs to his children and what is held in a family foundation in one of

Europe's most infamous tax havens, Liechtenstein.

In 2006, the American business magazine Forbes listed him as the fourth richest person in the world.

Kamprad's modest spending habits have made headlines over the years. In 2008, he told newspaper Sydsvenskan that a 22-euro bill in the Netherlands had broken his barbering budget.

"Normally, I try to get my hair cut when I'm in a developing country. Last time it was in Vietnam," Kamprad explained. AFP

ACROSS

1. The ____ Never Stops
4. When your ex-boyfriend has intimate photos of you
5. When you send your ex-boyfriend to jail for blackmail
6. When your ex-boyfriend gets out of jail

DOWN

2. When your brother gets your ex-boyfriend fired
3. When your ex-boyfriend comes for revenge
4. Weeknights at 7:30 on CBC

* IT'S ALL IN THE STARS by Sally Brompton

♈ Aries March 21 - April 20

Life may be challenging but you can make things easier on yourself by not taking it too seriously. Look at the bigger picture: one hundred years from now what will any of it matter?

♉ Taurus April 21 - May 21

The Sun in the friendship area of your chart urges you to get together with people who share your outlook on life. You'll have fun and find ways to make the world a better place.

♊ Gemini May 22 - June 21

Some Geminis are ambitious and some are not but all Geminis like to be noticed. Today will give you the opportunity to step into the spotlight. Unveil your special talent and put on a show.

♋ Cancer June 22 - July 23

If you feel stuck in the same old place, with the same old people, doing the same old things then it's time to break free. A vacation is a good idea, but if you cannot travel right now you can start making plans.

♌ Leo July 24 - Aug. 23

What matters most to you in life? Is it money? Success? Creative fulfillment? Whatever the answer to that question may be you have to make it central to what you are doing.

♍ Virgo Aug. 24 - Sept. 23

Look back over the past six months at the progress you've made. Most likely you've come a long way but there is still further to go before your aims. Keep striding.

♎ Libra Sept. 24 - Oct. 23

With the Sun moving through the wellbeing area of your chart you need to slow down. If your body is giving you signals that it could use a rest you must heed the warning.

♏ Scorpio Oct. 24 - Nov. 22

There's a spring in your step and a smile on your face. Recent events may have been tough but everything is coming easy to you now. There's no limit to how far you can go.

♐ Sagittarius Nov. 23 - Dec. 21

You like to keep your standards high but sometimes you can expect too much of yourself. Today's cosmic influences suggest that you need to let go of unrealistic expectations, both of yourself and others.

♑ Capricorn Dec. 22 - Jan. 20

Think positive and believe that everything will work out for the best — and it will. Nothing is so bad that it cannot be improved by the way you choose to deal with it.

♒ Aquarius Jan. 21 - Feb. 19

Life moves in cycles and the cycle you are going through at the moment may be a bit disruptive, but it's really no big deal. You have handled far bigger challenges in the past and will do so again in the future.

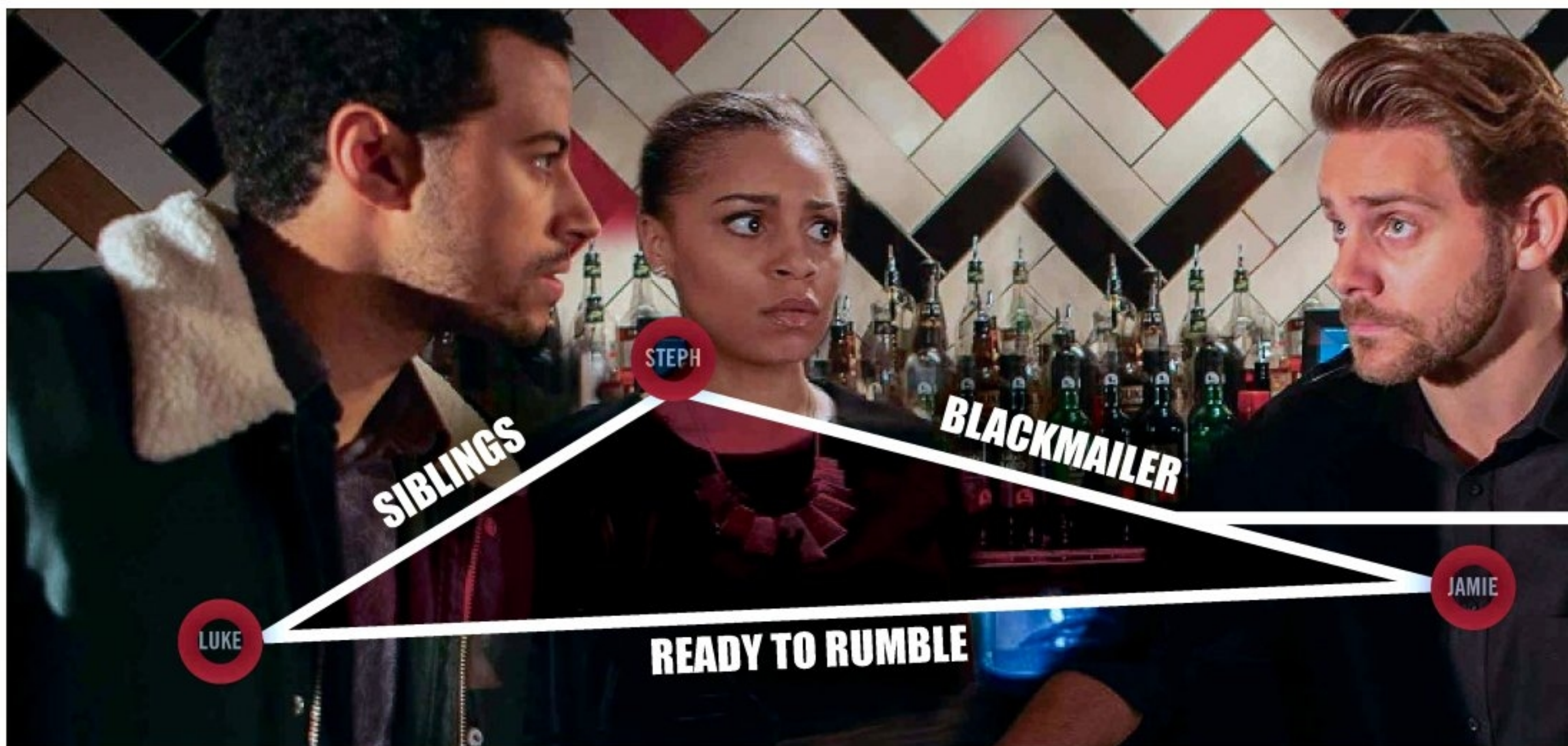
♓ Pisces Feb. 20 - March 20

The positive effects of yesterday's eclipse will linger for a few days, so get out and show the world what you can do. By the end of the week you'll look, feel and act like a new person.

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9

	1	7	8					
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		4			9			8
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3				4				7
6		9			1			
8			7			3		
	5							
					2	8	9	



RECIPE Fancy Tuna Wrap



Ceri Marsh & Laura Keogh
For Metro Canada

- 1 carrot, grated
- 1/2 avocado, sliced

Directions

1. In a bowl, mix tuna, celery, tomatoes and mayonnaise.
2. Lay your tortillas on a work surface. Spoon a stripe of tuna mixture down the middle of each tortilla. Now lay down a strip of the grated carrot, right next to the tuna. Place slices of avocado right next to the carrot.
3. Wrap one side of the tortilla over the other. Now tuck in the sides and keep rolling so everything is snugly inside.
4. Slice the tortilla in half and serves with a side of mixed greens.

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Ready in
Prep time: 5 minutes
Total time: 10 minutes
Serves 2

Ingredients

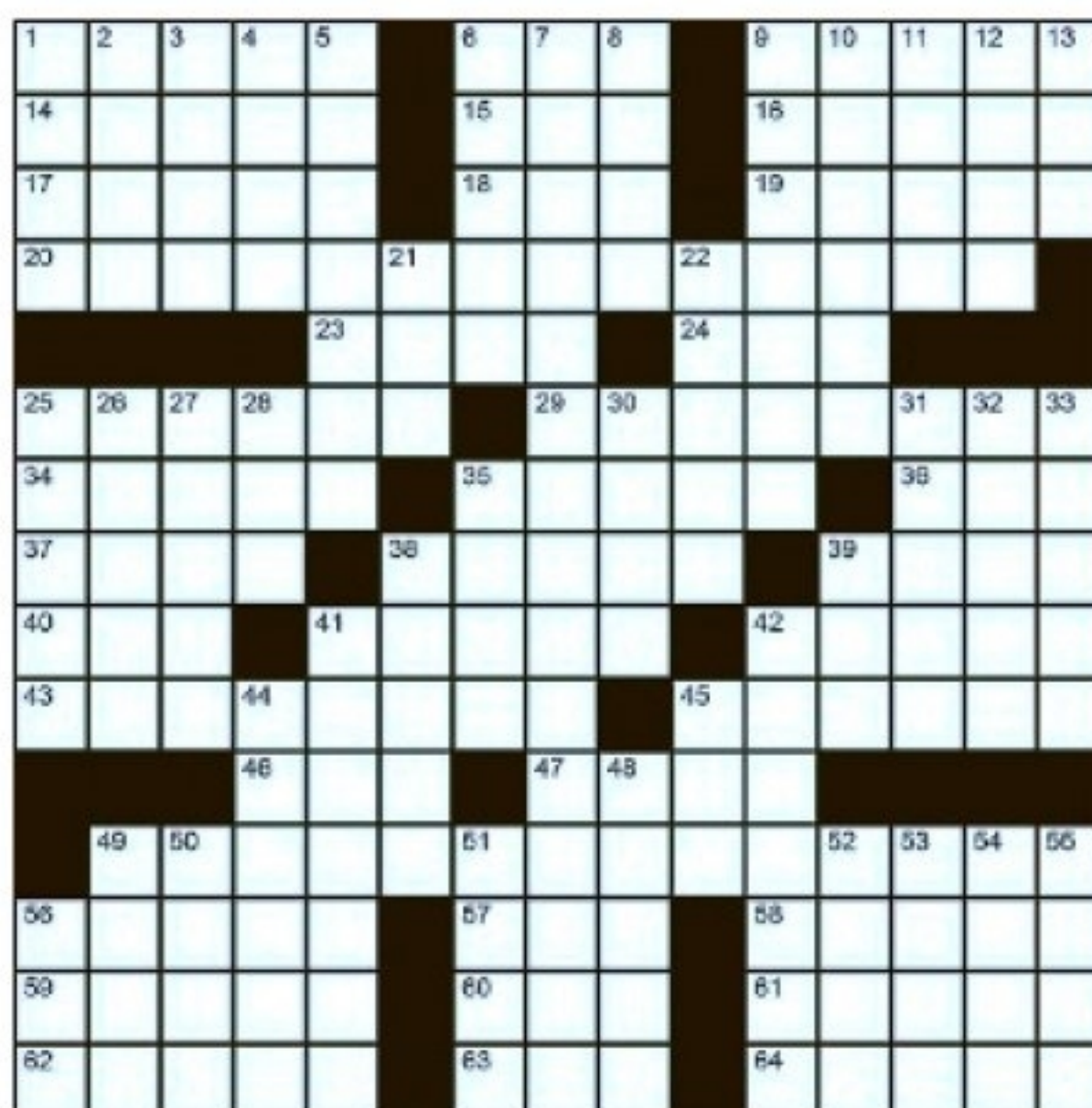
- 1 can tuna, packed in water (5 oz)
- 1 stem of celery, chopped fine
- 3 or 4 cherry tomatoes, chopped
- 1 or 2 Tbsp mayonnaise
- 2 tortillas

CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN

ACROSS

1. D-Day beach
6. Mel's Diner waitress
9. "Rock You" Canadian hard rock band
14. Cheque recipient
15. Knock
16. Architectural arch
17. Domains
18. Goat's hair garment
19. Monsters
20. Cartoon series for one-sibling-born-in-Canada production company Warner Bros.: 2 wds.
23. Happy dance
24. Giant's ickypoo cry!
25. Canadian Awards (Sunday, March 13th, 2016 on CBC)
29. Emergency transport at sea
34. Checkmate game
35. Celebrations
36. Seven, fancy-style
37. Bewitched
38. Wishful person
39. Faxed
40. Operate
41. Barbarians
42. Infectious
43. Operatic singing style: 2 wds.
45. Spunk
46. Amer. currency
47. Swerve
49. Ferociously-spinning creature on



- #20-Across: 2 wds.
56. Mediterranean island
57. HS subject
58. Sphere
59. Not at all pleased
60. Mr. Frehley of Kiss

61. Mr. Macdonald, and namesakes (Host of #25-Across)
62. Polynesian language
63. 'P' in MPH
64. Musical qualities

DOWN

1. Canned meat
2. 'Soft' suffix (Computer-user's purchase)
3. _ and terminator
4. Bring up
5. Gowan hit: "Moonlight _"

6. Entrap
7. Quebec's nickname: 3 mots
8. Gem of Australia
9. They have drawstrings whilst basic sweatshirts don't
10. Yolk/shelly more-y

11. Read: French
12. Burl of "East of Eden" (1955)
13. Letters like the last letter of #9-Across' answer
21. Verse-writer's 'dusk'
22. Bid
25. Scour
26. Comic actor Chevy
27. Force back
28. "C" _ la vie!"
30. 'Favour' suffixes
31. Deflect
32. Important exam
33. Deed
35. _ the bill
38. Auto company
39. Obedience training basic command
41. Long-grain rice variety
42. Rich in vegetation
44. 'Last Stand' commander at the Battle of Little Bighorn
45. Guys
48. Enthusiastic
49. Spanish appetizer
50. Moreover
51. _ tide
52. Slangy suffix to 'Stink'
53. Celebrity decorator Mr. Yip
54. "I've Got the Music _" by The Kiki Dee Band
55. Miss, in Glasgow
56. Silent



CORONATION ST.

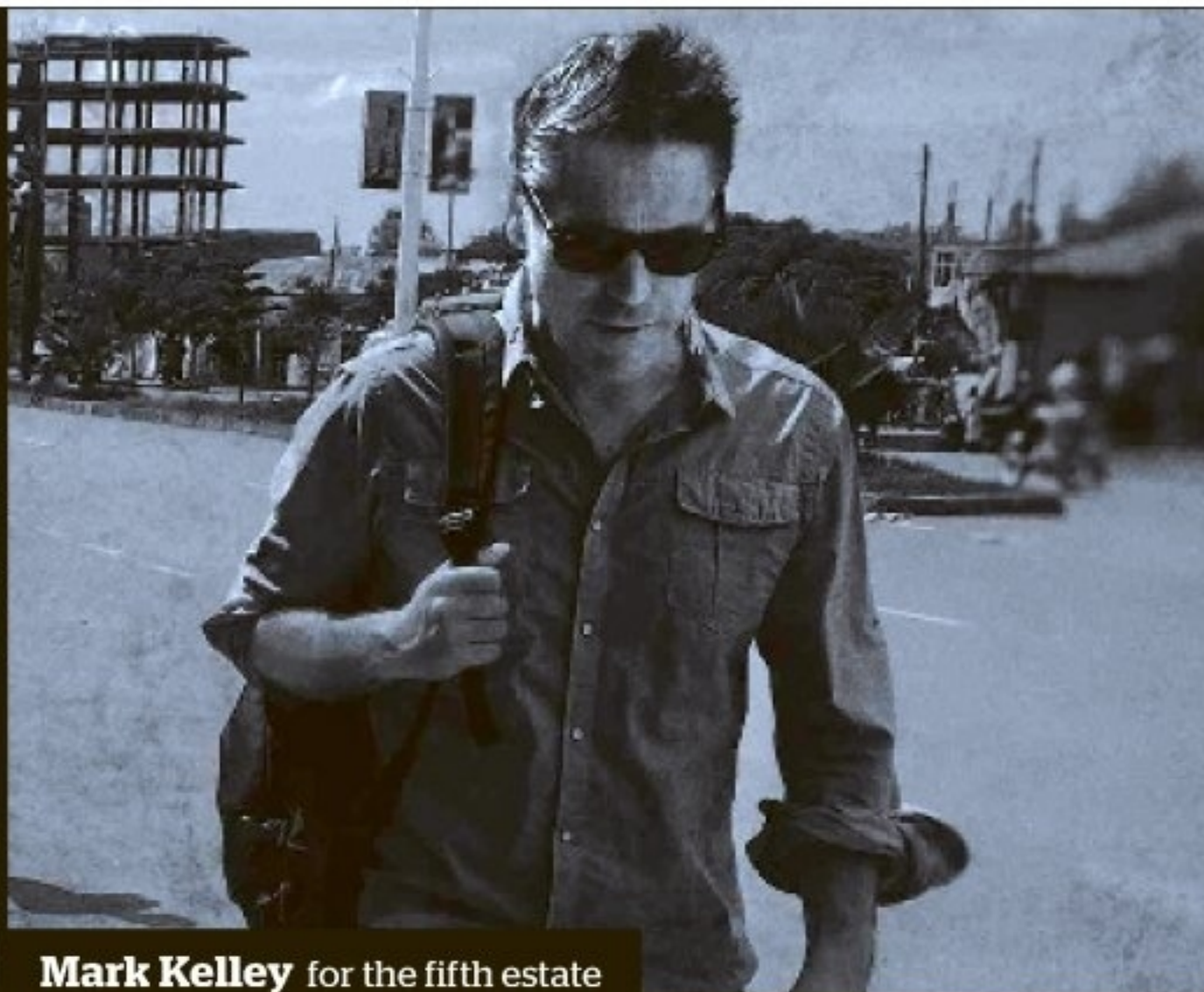
WEEKNIGHTS
7:30



THE
DRAMA
NEVER STOPS



Adrienne Arsenaault for The National



Mark Kelley for the fifth estate



Investigates



Connie Walker for CBC News



David Common for CBC News